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THE NEWSPAPER FOR SITTINGBOURNE, ISLE OF SHEPPEY, FAVERSHAM & DISTRICT



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TRAINEE MIDWIFE FORGED EVIDENCE

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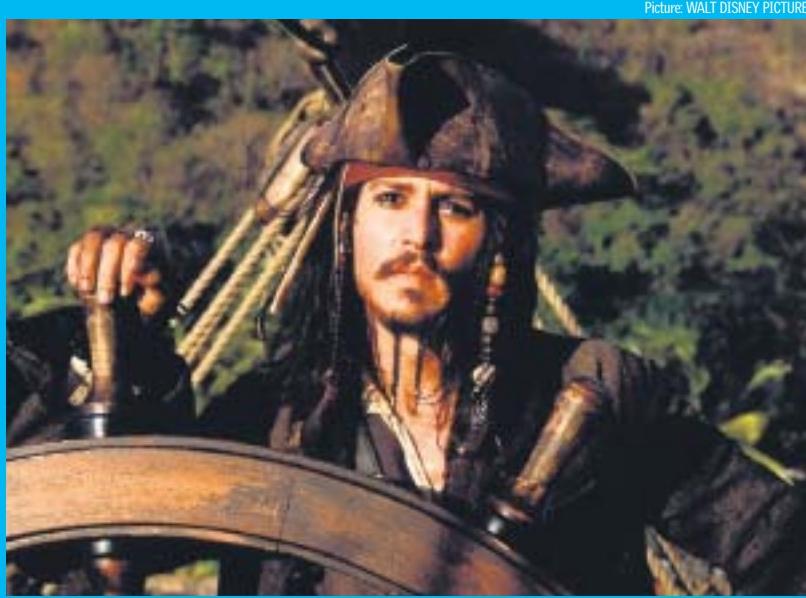
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Picture: WALT DISNEY PICTURES

AVAST, YE LAND LUBBERS!

Shiver me timbers and hold on to your women. The Isle of Sheppey is set to become the new Tortuga.

Expect some 'arrrrrs' and a few 'yo, ho-hos' when 4,000 pirates set sail to Leysdown on August 29 in an attempt to smash the world record for the largest ever pirate gathering. If you've got the mettle to take part, contact Paul Day on 01795 511173

■ BY JILL HURST

A NURSE who forged more than 300 entries to demonstrate her competence while training as a midwife faces being struck off by the Nursing Medical Council.

Samantha Meeke, 32, of Spillat Close, Faversham, pleaded guilty to forging the signatures of medical practitioners and university lecturers, verifying she had passed clinical training.

In reality the mother-of-one was taking time off work, from the 78-week BSc midwifery course to work as an agency nurse.

Meeke was convicted on three counts of purporting to be someone else with the intention to induce another to accept it as genuine at Sittingbourne Magistrates Court on Monday, July 26.

She was caught when lecturers at Canterbury Christ Church University spotted an entry had been made in her portfolio when a member of staff was on leave.

The Crown Prosecution Service said Meeke had made the entries over a four-month period between June and October 2008. NHS fraud investigators had pursued the case because Meeke presented a risk to public safety.

The court heard Meeke had fallen behind on the course after taking on agency work to supplement her income. Coupled with a sick son, it was said Meeke had been under severe stress when she made the forgeries.

Sentencing, chief magistrate, Rodney Boies told Meeke: "The difficulty we have is the high

CONTINUED ON PAGE 2



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yourlifestyle

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Craft centre and coffee shop shut after 18 years

■ BY JILL HURST

A POPULAR craft centre and cafe on the Macknade site in Faversham became the latest casualty of the recession when it closed its doors after 18 years in business.

Regular customers were shocked to find the Apple Cart Craft Centre and Apple Coffee Shop closed, and a message pinned to the door informing customers it had ceased trading.

The note, written by owners Sue and Ian Sandford, read: "It is with great sadness that due to continuing poor health, family commitments and the recession we have decided to terminate the business known as the Apple Craft Centre and in particular Apple Coffee Shop."

"We would like to take this opportunity to express our sincere thanks to all our customers, both new and old, for their patronage over the past 18 years. Your support and friendship will be deeply missed."

"Should you wish to contact us, we will be here over the next several months clearing out our belongings. If you post a message through our letter box in Selling Road, giving contact details, we will respond. Thank you once again."

A message left on the company answer machine simply said: "Unfortunately due to extraneous circumstances this business is now closed."

Stefano Cuomo is a manager at the Macknade centre. His family leased the land to the Sandfords almost 20 years ago. He said he was saddened to hear the news of the closure.

He added: "The first we knew was there was a sign on the front saying the Apple Cart was closing down. A couple of customers came in to tell



RECESSION VICTIM: The Apple Craft Centre and coffee shop has been forced to close

us. Before then we were unaware and at the moment we don't know much else.

"It's a big space and it's been tough for everyone, but they seemed to be doing quite a good turnover at lunch times."

"My family leased the land to them on a long-term lease, but what the future holds we don't know. It's still only been a week or so since the news so we haven't had time to go and have a chat with them."

Asked what the Macknade centre

intended to do with the building, Mr Cuomo said it was too early to make any plans.

Macknade Fine Foods centre is unaffected by the closure and continues to trade as normal.

It stocks specialty coffees, teas, fine wines, beers, cheese, meats and fresh fruit and vegetables, all selected and sourced directly from producers.

It is especially popular with restaurants and catering businesses in Swale because many products are sourced locally.

yourswale.co.uk
NEWS IN BRIEF

Invite local police to your summer event

ORGANISING an event this summer? Then don't forget to invite your local bobby who'd love to come along and join you.

Officers want to be included in Sheppey's fetes and charity events.

Sergeant Stef Martin explained: "Attending local events such as school fairs and charity sports days is a great way for people to meet their community officers."

PCSO Robert Holmes met children and parents at Minster Primary School's summer fete earlier this month.

He said: "It was good fun. Children had their fingerprints taken which were then put on to their very own certificates for them to keep."

To invite a member of the Island Neighbourhood Team to your event call 01795 584165. For officers' details go to www.kent.police.uk.

Jury acquits man on four gun charges

ROBERT Griffin walked away from four gun charges after a jury at Maidstone Crown court acquitted him this week.

Mr Griffin, 32, of Sea View Gardens, Warden Bay, Sheppey, was accused of wounding with intent to cause grievous bodily harm, unlawful and malicious wounding, threats to kill, and possession of a firearm with intent to endanger life.

The charges follow a fight in which Marilyn Finch was wounded in the legs after a shotgun went off, blasting a hole in a front door.

Mr Griffin admitted he had gone to the house planning to confront Mrs Finch's husband Peter.

He claimed that the gun belonged to Mr Finch and he was trying to wrestle it from his grasp when it went off, accidentally wounding Mrs Finch.

Trainee midwife's records forged

CONTINUED FROM FRONT PAGE
number of signatures and initials made over a short period. You posed a danger to public safety by falsely claiming to pass yourself off as a qualified midwife."

Meeke was given a 12-month community order to include 200 hours of unpaid work and ordered to pay £200 in prosecution costs.

Speaking outside the court NHS lead counter fraud specialist Justin Warren said: "Meeke was always supervised while on clinical practice so there was never any threat to public safety. However, the post of midwife is one of great trust and by forging evidence of her clinical competence she posed a real threat to young mums."

Meeke's future as a nurse will now be the subject of a disciplinary hearing by the Nursing and Midwifery Council.

Thief takes £300 from disabled war pensioner

EXCLUSIVE

■ BY JILL HURST

A CALLOUS thief who stole a war pension from an elderly woman while she was shopping in Sheerness is being hunted by police.

Police have released CCTV images taken at the High Street branch of Savers and are appealing for the public's help in identifying the woman in the photograph.

The pensioner, who is too frightened to be identified, fell victim to the theft while out at 10.45am on Wednesday, July 14.

The 85-year-old said she had planned to use some of the stolen £300 to travel to hospital in Medway for treatment following a foot operation.

She added: "My daughter lives in South Africa and I want to go and visit her. I am all alone here now and have no one. My granddaughter was visiting and came with me to the bank to sort out my bills for when I'm away, but then she went back home. I took the £300 to pay the rest of the bills and use it to get to the hospital."

"Before I got to Savers I had been to the hospital because the wound had been weeping. I was tired and in pain and since the operation I can't walk very far, so after doing my chores I went home and planned to pay the bills the next day. I got in but when I went to sort out the bills the purse was not there."



PAUL HUGHTON

SUSPECT: Police would like to speak to this woman about the theft of pensioner's purse containing £300

"I've worked all my life and because I get a small war pension I don't qualify for any help and have to get myself to the hospital. I want to go and see my family in the autumn, but I can't go until my foot is better."

"My foot has pins in it and I can't walk very much at the moment."

The retired health worker came to Britain from Poland during the Second World War, nursing British war casualties in hospitals around the country.

After the war she lived in Manchester for eight years before finally settling on the Isle of Sheppey, where she has been since 1981.

The vulnerable pensioner says she now only goes out to get the essentials, otherwise she rarely leaves her house.

If you know the woman in the CCTV images or have any information that may help officers, call Sheppey Police on 01795 584165 or Crimestoppers in confidence on 0800 555 111 quoting reference CY/11318/10.

Housing plan at docks rejected

A PROPERTY developer was refused permission to convert part of Sheerness Docks into a housing development.

George Demetrious, of London, hoped to convert buildings in the historic port to 23 luxury properties and build two commercial units.

However councillors voted overwhelmingly to reject the plan, saying it detracted from the character and setting of the listed buildings and conservation area.

The council must now look at other options to preserve the dockyard – much of which is crumbling due disrepair.

Back Harry's bid for rail travel

RAIL campaigner Harry Farrow has appealed for help in his bid to secure 10,000 signatures supporting his campaign for free rail travel for Kent pensioners.

Harry has also called on Swale businesses and restaurants who are willing to display his petition.

If you would like to support Harry's campaign email yoursrale@kosmedia.co.uk or write to us at The Editor, yoursrale, Apple Barn, Hythe Road, Smeeth, Ashford, TN25 9SS.

Free trees on offer to improve the landscape

A NATURE scheme is offering free trees to enhance the landscape.

Swale council is taking part in the programme which offers individuals and organisations up to 25 native trees free of charge.

A council spokesman said: "Trees have a positive effect on the landscape and biodiversity of Swale's towns and countryside. The planting of trees improves health and well-being long term. By planting 25 trees, up to seven tonnes of CO₂ can be absorbed in their lifetime."

"This will be the third year that Swale has taken part in this scheme with just over 100 people applying for trees in the district last year and just over 2,100 trees being issued."

It is easy to apply for your trees, and make your personal contribution to Kent's natural environment.

Swale councillor David Simmons added "It's great to be part of this scheme, as the trees will have such a huge impact on the environment of Swale. The scheme tries to reduce carbon and this includes the carbon footprint of collecting the trees, which is why it is so good to have a number of different pick-up points."

The 2010 Kent Free Trees Scheme runs until October 30. To find out more or to obtain an application form write to North West Kent Countryside Partnership, Mead Crescent, Mead Road, Dartford, Kent, DA1 2S.

Cigarettes stolen in garage raid

POLICE have appealed for information following a burglary at a Faversham petrol station.

Thieves made off with a large quantity of cigarettes after breaking into the BP Garage, opposite Macknade's farm shop in Canterbury Road at 3.40am yesterday.

Crime scene investigators took a

number of forensic samples. Police are analysing CCTV footage, but say thieves got in to the shop from the front of the building.

Members of the public are advised to be on the look-out for the sale of cheap cigarettes.

Anyone with information should contact Faversham Police on 01795 477055.

Busy weekend for fire crews

A SPATE of fires kept Swale fire crews busy at the weekend.

Firefighters were called to Thorn Hill in Warden Bay, Sheppey on July 24 at 6.08pm after a bonfire spread out of control to a nearby garden.

A second bonfire set a fence alight in The Street at Oare, Faversham, at 6.47pm on the same day. Crews took just 10 minutes to tackle the blaze.

Faversham firefighters were called to a roadside fire on the Western Link Road in Faversham at 11.15pm on July 24. It is believed a discarded cigarette caused the fire.

Three crews were needed to tackle a fire in a derelict bungalow on Park Avenue in Leysdown, Sheppey at 11.52pm. Police are investigating.

Crews were called to a scrubland fire at Thistle Hill, Minster on Sunday, July 25 at 6.34pm. The fire had already burned out before they arrived. A source said the fire was started by children.

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Booking fee of £2.50 applies to all orders.

Key to the Castle tickets are not valid for this event.



Provoked killer Scamp freed by Court of Appeal

A WOMAN jailed for stabbing her violent boyfriend to death has been freed after the Court of Appeal ruled she had been provoked into the attack.



Kirsty Scamp

Kirsty Scamp, who was 19 at the time of the incident, killed Jason Bull, 28, on March 13, 2006, with a single stab wound to the chest. She was sentenced to life imprisonment for murder in February, 2007. But Scamp launched an appeal, arguing that it should have been manslaughter.

"The biggest punishment is the knowledge you've taken a life," Scamp said. "I have to live with that every day and the feelings of guilt never go away."

"However, I know I'm not a murderer. I didn't mean to kill Jason. He was attacking me at the time and I was terrified."

Scamp, 24, from Sittingbourne, was released from Holloway prison on Thursday after it was ruled the trial judge had failed to adequately sum up the issue of provocation to the jury at Maidstone Crown Court in 2007.

Her murder conviction was quashed and a lesser sentence of manslaughter imposed with a six-year sentence, entitling her to be freed immediately.

Scamp's appeal lawyers argued the judge had not emphasised the extent of Mr Bull's violence and said he was addicted to alcohol, took drugs and had attacked her before his death. Solicitor Harriet Wistrich, of Birnberg Peirce in London, said it had been found there was a misdirection in Scamp's trial.

"We're delighted," she said. "This is a just result. You never really know what's going to

■ BY MARIJKE COX

happen, but we were hoping and praying this would be the outcome."

Campaigners from Justice for Women helped fight Scamp's case on the grounds that she had been subjected to violence in her relationship with Mr Bull.

A spokeswoman said: "We're delighted the judges saw her conviction was a miscarriage of justice. This was about a woman who killed to save her own life. We were confident common sense would prevail and the judges would see Kirsty is not a murderer and certainly not a danger to the public."

Justice for Women argued Scamp had been brought up in a culture of domestic violence, having watched her mother being assaulted by her father and then step-father.

On a number of occasions, she fled with her mother and brothers to women's refuges.

After setting up home with Mr Bull in Sheerness, Scamp claimed she discovered he could be violent towards her.

She said in one incident, in February, 2006, a month before she stabbed him, he had grabbed her by the throat and started punching her, perforating her ear drum.

The prosecution case during her trial said on the night of Mr Bull's death Scamp had flown into a jealous rage after witnessing him on the phone to another girl and lunged at him with a knife.

But Scamp claimed he had grabbed her by the hair and started hitting her and she "just wanted him to stop".

It was argued in the appeal court that the trial judge had not properly directed the jury on Mr Bull's violent past and to the extent in which Scamp had been provoked.

'Inspirational' Sir Bob picks up his degree

SIR Bob Geldof has received an honorary Master of Arts degree from University for the Creative Arts.

The musician and Live Aid campaigner, who has a home in Faversham, collected his degree at the UCA graduation ceremony held in the King's School's Shirley Hall, Canterbury, on Thursday last week.

Dianne Taylor, pro-vice-chancellor and executive dean, said: "The students were in awe of him and truly inspired by his music career, his humanitarian efforts and the influence he's had around the world."

Geldof said: "I live up the road, so to be recognised by a local university in the region that I love adds greater significance for me."

Other honorary degrees were awarded to Vogue editor Alexandra Shulman, filmmaker Parminder Vir, ceramicist Edmund de Waal and industrial designer Pradyumna Vyasa.



HONOURED: Sir Bob Geldof after the ceremony

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NEWS IN BRIEF

Nuisance bikers pulled up

A NUISANCE quad-biker didn't get an easy ride after police seized his machine.

Sittingbourne officers took action after seeing the biker pulling wheelies through Bobbing and riding irresponsibly outside a primary school. The rider had already received an earlier warning.

On the same day another nuisance rider was warned after officers caught him riding a mini-moto in Cavell Way, Sittingbourne.

Sgt Dan Worthington said: "Anyone thinking of buying one of these vehicles should know the only place they can be used is on private property, with the consent of the owner of the land, usually in writing."

"To use these bikes on a road the rider must have a valid licence, MoT, insurance, road tax and number plates."

"Motor vehicles must not be used on footpaths. We are urging bikers to think of others and keep it legal."

Bogus healthcare officials

HEALTH chiefs are warning people in Swale to be wary of bogus officials who claim they can provide cut-price medication.

The alert comes after a patient received a visit from a person claiming to represent a medical support service. The householder was told they could save money on prescription drugs and receive help with domestic chores.

An NHS spokesman said: "A GP practice would not pass patient data to a third party without written consent from the patient."

"The public are warned not to give out personal information or buy any goods and services from companies they are unsure about."

Replica gun teen arrested

POLICE have arrested a Sheerness man caught carrying an imitation gun. The 19-year-old was detained by officers in Beach Street in the early hours of Thursday.

Acting Det Sgt Richard Allingham said Isle of Sheppey police would not tolerate possession of any kind of firearm – including replicas.

"The gun was an imitation, but it could still have been used to commit crime and cause people fear and distress," he said. "This was a proactive arrest by officers which shows our determination to stop unlawful activity."

The man was bailed until September 2.

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31st July 2010

www.kmbrc.org.ukBiological
Records Centre

BATS AND MOTHS have evolved in very close relationship, although it could be said to be rather one sided as predator and prey! If you'd like to learn more about the amazing diversity, ecology and behaviour of some of the bat and moth species we might expect to find in Kent then why not come and join us at Brogdale Farm on 31st July 2010 for a fascinating evening hosted by Kent and Medway Biological Records Centre and the Brogdale Courtyard Restaurant!

BAT AND MOTH EXPERTS from around the County will be joining us to provide **FUN AND INFORMATIVE BAT WALKS**, as well as enabling everyone to get a close up look at some of our **AMAZING MOTH SPECIES**.

There will be **CHILDREN'S ACTIVITIES** in the Courtyard and the restaurant will be offering, for one night only, a delicious choice of high quality, locally sourced **BBQ FOOD FROM 5PM** onwards as well as light refreshments and its fabulous **HOME MADE CAKES**.

Brogdale Collections will also be co-ordinating self guided walks giving visitors the opportunity to take a leisurely stroll around the beautiful grounds and spend time enjoying the orchards. Charges for the orchard walks are £5.00 adults, £4.50 concessions, £2.50 children and families £12.50. Entry to all other activities is free of charge.



For more information please contact Kent and Medway Biological Records Centre on 01795 532385.

Entry to the event and activities will be **FREE** but numbers will be limited for the bat walk and will need to be booked in advance. Please book early to avoid disappointment either by ringing the number above or emailing us at info@kmbrc.org.uk



Week 2: Jill vows not to chicken out

FACT FILE

FULL BODY ANALYSIS

NAME: Jill Hurst
AGE: 40
HEIGHT: 5ft 7in
WEIGHT: 16st 1lb
BODY RATIO: 8st 11lb muscle; 7st 4lb fat
BODY FAT: 42.4 per cent
CLINICAL PROFILE: Obese
VISERAL RATING (Fat surrounding major organs): 10 (range one to 12)
METABOLIC AGE: 55
HYDRATION LEVEL: 43 per cent (healthy range 45-65)
DAILY CALORIES TO MAINTAIN WEIGHT: 1,818 (my usual consumption is 2,500 upwards)
EXERCISE: Nil (healthy requirement 30 minutes a day)

DIET GROUND RULES

1,200 calories each day
113 grams of protein each day
25-30 grams of fibre each day
2 litres of water each day
At least five portions of fruit and vegetables each day
Limited red meats and saturated fats
Oily fish at least three times per week
Limit sugary foods and processed meals
No alcohol
30 minutes of exercise, five times a week

TWO weeks ago I wrote about my plan to sign up to a 12-week community weight loss programme in Faversham.

Since doing so I've learned I "have the body of a 55-year-old" (I'm 40), am made up of 42 per cent fat and my vital organs are suffocating under a mound of lard.

I've also learned that the Latin phrase *obesus corpus translates to fat knacker.*

Ironically, my mouth is still fully functional but my coach, Sara Marmont, has introduced some radical changes to what I put in it.

The Arribal! weight loss course costs £40, which includes a full-body analysis and a 45-minute personal consultation, weekly weigh-ins and information talks. All the fees are put in a pot to be distributed as prizes at the end – with the biggest loser winning up to £300.

The plan is based around personalised protein intake designed to fire the metabolism up, conserve muscle mass and, in the long-run, maximise weight loss. Or that's the theory.

For the next 12 weeks I will consume 1,200 calories each day, drink two litres of water, eat 113 grams of protein, 25 to 30 grams of fibre and have at least five portions of fruit and veg.

It's a bit fiddly, and you must be prepared to work out your meal plans and eat a high amount of protein. My daily intake equates to five chicken breasts, six salmon fillets or 19 eggs – but these food types don't contain fibre, so it's a continual balancing act.

During the first week, I was shattered. This may have been due to starting an exercise regime or the number of night-time visits to the loo triggered by the increased water intake.

Regardless, I lost five pounds and felt motivated to continue. The second week was tricki-

■ BY JILL HURST

er. I stuck to the plan but struggled to eat the full amount of protein, was really constipated and bitterly disappointed to learn I hadn't lost an ounce. Not one.

Sara said the mix of protein and exercise may have converted fat into muscle. This set alarm bells ringing and triggered a few questions. How can I eat fewer calories than my body needs and not lose weight? And if my fat is changing to muscle, could I end up as one big bulging bicep?

That latter thought horrified me and conjured images of entering the 2012 Olympics as champion weightlifter Jilly Chickenovski. So, I did a bit of research. I told my doctor all about the challenge and asked if was safe to eat 113 grams of protein daily (the recommended intake is 45 for women and 55 for men).

Knowing my medical history, he thought it was okay for me but recommended people consult their GP before embarking on any high protein diet or drastic lifestyle change – especially if they have an underlying condition such as liver or kidney disease.

I also spoke to NHS obesity manager Ann Harrison. She said it was too soon to make any judgments, adding that it was far too early for the body's composition to change from fat to muscle. She said the lack of weight loss in the second week was normal, especially after losing five pounds the week before.

According to Ann I should be reaching an average weight loss of one to two pounds – preferably by eating a varied and balanced diet. She also assured me that creating a calorie "deficit" would result in weight loss.

Interestingly, Ann said my constipation may



LEAN MACHINE: Jill Hurst is determined to get fit

be a result of the increased fibre and advised me to drink enough fluid and wait for my body to catch up.

So, all in all, I haven't met any great concern over the level of protein I'm consuming, apart from whether it's sustainable in the long term.

Ann says people who eat a lot of protein often end up on a diet that is "self-limiting" and she worries this can sometimes lead to people inadvertently eating less of other foods.

Only time will tell and I'll let you know how I get on. Next week I'll write about my new fitness plan and the function of protein, fibre and water. Don't miss it.

THE MAGIC OF BEING CLOSE TO BIG CATS

W H F is a charity based in Kent working hard to ensure the survival of big cat species. We are an active partner in the European Endangered Species Breeding Programmes and raise awareness and funding for cat projects around the world.

BIG CAT ENCOUNTER

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yourlocalinterview

QUESTION & ANSWER

LOIS GADD



Q&A

Lois Gadd of the award-winning Ramsgate Brewery talks to **Tom Betts** about the secret of good ale, why sampling the beer in a pub is essential and why the brewery's Gadd's No 3 is her favourite tipple

Q What is your role at the brewery?

A Officially, I am company secretary and a director. In reality, I do all the jobs that aren't anything to do with the brewing side of the business. My daily tasks are book-keeping, ringing round for orders and preparing delivery runs. I am also responsible for paperwork.

Q Where is the brewery based?

A In a small unit on Pysons Road industrial estate. I normally enjoy a morning ride across the fields to get to work.

Q What is your favorite tipple and why?

A Gadd's No 3 because it's a beer I can enjoy at the end of the day with my husband Eddie over dinner, when the children are finally in bed. If I'm feeling nostalgic, I'll have a Dogbolter and be transported back to the Flounder And Firkin in Holloway Road, Islington, where Eddie and I met.

Q Does location inspire your beer in any way?

A East Kent has definitely influenced the beers. Many have nautical themes and the summer seasonals are brewed to be drunk beside the seaside. The beers are Eddie's as he has the ideas and develops recipes, but I know

he's proud of Thanet, and our brewery is named after the town in which it was born.

Q Why do you think people should have a pint of Gadd's rather than other beers?

A Beer is like food in that you can taste the effort, care and attention that went into making a good pint. Staff at the brewery are passionate and dedicated to producing quality ale. With our wide selection, chances are you can find something that tickles your taste buds. The next reason I would hope people would drink our beers is the local angle. We use Kent hops, supporting the local economy.

Q You've won so many awards, is it still an honour?

A Always, as it's recognition of the quality we strive for. As most of our beer is sold directly to pubs, we don't get a lot of contact with drinkers, so awards involving public voting are particularly valued. The brewing industry is growing in Kent, so there'll be stiff competition in future – it's not a time to rest on our laurels.

Q What's the secret to producing good beer?

A You'd have to ask Eddie – I just enjoy the fruits of his labour – but he assures me a good deal of sampling of the beer, in a pub, is imperative.

Q Where do you source your ingredients?

A About 95 per cent of our hops are grown in Kent, either at Brooke Farm, Wingham, or near Canterbury. Malt is grown and malted in Wiltshire, but we're hoping to have a local farmer grow the barley, starting later this year. The water is from Thanet.

Q What can we expect in the coming years?

A More weird and wonderful brews, I hope. Eddie is the driving force on where we go next. I'm the boring one doing the paperwork and telling him how much he can spend.

Q What do you enjoy most about your job?

A The many compliments we receive from people who have tried and liked our beer.

Q What interests do you have away from work?

A We have two children, Summer, nine, and Stanley, five, who tie up a lot of my spare time. I help to run the Ramsgate branch of Woodcraft Folk, a national organisation that, in its own words, is "an educational movement for children and young people which aims to develop self-confidence and activity in society, with the aim of building a world based on equality, friendship, peace and cooperation".

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Take walk through history for charity

WALKERS are invited to raise money for WaterAid by beating a trail along the coast path running between Faversham and Folkestone.

Organisers say anyone can take part because the paths have been divided into 13 sections of varying lengths – between three and ten miles – and graded from easy to severe. Walkers go at their own pace, starting and finishing at times that suit them. Cyclists can also take part on two of the sections.

A spokesman for the event said: "Along the Kent coast path participants can walk through 2,000 years of English history. Julius Caesar landed on the Kent coast between Deal and Walmer in 55BC.

Sponsorship

"The Kent coast follows parts of the Saxon Shore Way, the Viking Coastal Trail and the whole coast of the Isle of Thanet, once separated from mainland Kent by the Wantsum Channel. See the site of a Roman fort, a replica Viking ship, Henry VIII's castles and Martello towers."

Money raised will help WaterAid to provide safe water, sanitation and hygiene education to those living in poverty in Africa, Asia and the Pacific region.

Each team member is asked to raise a minimum of £50 in sponsorship for their walk, with family teams or children raising whatever they can.

The spokesman added: "When communities don't have access to clean water, the burden often falls to women and children who have to walk miles each day to collect water they know will make them ill.

"The distance walked by most Coast Along participants will be similar to the daily routine for millions of women and children in Africa and Asia."

Fundraiser left in limbo after theft of tables

A DISTRAUGHT fundraiser has appealed for help after thieves made off with the tables she uses to sell calendars and raise vital cash.

Pam Penfold raised £6,340 for breast cancer from stock sales in 2009, donating the money to research and services undertaken by Breast Cancer Care.

However, after attending a dockyard celebration event in Sheerness she says her tables went missing and without a replacement her charity work will stop.

She said: "I attend all sorts of fêtes and fairs selling the calendar and other goods. The calendars are quite heavy when displayed and I used two folding, school dinner tables.

"I went along to the dockyard event and was told I could leave my stuff there over night, but when I came back the next day they had gone.

"I can't do any more fundraising without them so if anyone knows what happened to the tables or has a couple of strong tables to donate I'd like to hear from them.

"They'll need to be about six-foot by two-foot,

■ BY JILL HURST

folding and be sturdy enough to take the calendars."

Pam's 2011 calendar includes 15 stunning photographs taken around Swale including the Kingsferry Bridge, Tonge Mill, Faversham town centre and the Bredgar and Wormshill railway.

Each month is accompanied with a poem compiled by Pam. For July she writes about lower Halstow: "An artist sits brush in hand, intent on painting sea and land, artists seek every feature, but he's also part of a bigger picture."

Importance

August is set against the backdrop of a sunset in Queenborough Harbour and Pam writes: "The estuary at Queenborough, can sometimes seem quite bland, but when transformed by setting sun, she impresses all the land."

Pam's calendar took on more importance this year after she lost her husband to cancer in April prompting her to dedicate it to her daughter Amanda and grandchildren Ayesha and



PAGE TURNER: Pam Penfold sells the many calendars she makes to raise funds for the Breast Cancer Charity

Krishnan who she says suffered greatly during such a sad time.

A spokesman for Bluetown Herigate, who organised the dockyard event said: "We were really sorry to hear about Pam's tables going missing. There were more than 4,000 visitors on the day and as far as we are aware this was the only adverse incident."

You can purchase Pam's calendar at Nickel Bookshop in Sittingbourne High Street, Tiddley Pomme at Brogdale Farm, Faversham, Feartherbed Farm, Iwade, The Bluetown Heritage Centre, Sheerness and Teynham post office.

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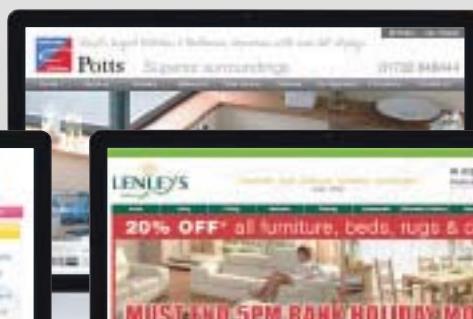
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Hornets a big threat to honey bees

■ BY MARIJKE COX

KILLER hornets from across the Channel could be driving honey bees from their hives.

The giant insects – around four times the size of the British bee – are believed to be travelling from France and forcing the honey bee from its home.

In scenes more likely to be seen in a horror film, the hornets hover in front of a hive, picking off their victims before ripping off the heads, wings and legs and feeding the body to their young.

The rest of the colony is then weakened, leaving the hornets free to loot the hive.

Although bee-lovers warned of their potential arrival to the UK just months ago, wildlife expert Kerry King, from Hythe, believes they may have already arrived.

"There's a hive in Sandling Park which has had honey bees for ten years, but in February



PREDATOR: Hornets from France could damage honey bees



HANDFUL: The foreign hornets have a three-inch wingspan

In 2007, apiaries in France began to see up to 70 per cent losses in bee colonies and it was soon discovered the monster insects, in groups of up to 50, had been on a killing spree.

One hornet can kill up to 40 honey bees in a minute – a group of them up to 30,000 in a few hours.

Mr King said: "There are three things going against honey bees; pesticides, parasites and these hornets. It's going to have a detrimental effect on our economy if there are no honey bees to carry out pollination."

A third of foodstuffs are dependant on pollination by honey bees, which also provide more than 50 per cent of the pollination of wild plants that other wildlife depends on.

While Asian bees have evolved to cope with the attacks, where some 500 bees will mob the hornet causing it to overheat, the European honey bee is unlikely to survive.

Three months ago experts from honey health specialist Vita said the hornet threat to bees was spreading rapidly through France and would soon be in the UK.

Crossing review to consider toll booth changes

TOLL booths could be removed from the Dartford crossing in an effort to tackle congestion.

Dartford MP Gareth Johnson said he had raised the matter with Transport Secretary Phillip Hammond.

Mr Johnson said: "Ministers have accepted that current levels of congestion at the crossing cannot be allowed to continue. There was an acceptance that there has to be change.

"The ministry is carrying out a review of the logistics involved in removing the toll booths and the congestion and pollution they cause.

"While this review is being carried out the ministry will also look at the possibility of allowing tolls to be suspended when severe tailbacks build up.

"It clearly makes sense for the tolls to be suspended to allow tailbacks to clear."

Boris Island drifts further off course

AN AIRPORT in the Thames Estuary will not be considered by the coalition Government, according to aviation minister Theresa Villiers.

Conservative London Mayor Boris Johnson believes his £40 billion 'Boris Island' idea could become a reality within ten years – but the plans have been controversial from the start.

Now his own party has distanced itself from the proposals, which Mr Johnson put forward as an alternative to a third runway at Heathrow.

Responding to a parliamentary question from Gillingham and Rainham MP Rehman Chishti (Con), Mrs Villiers confirmed it was not an option the Government was considering.

She added: "Our priority is to make efficient use of existing airport infrastructure in the South East."



FLIGHTY: London Mayor's Boris Island airport idea 'not an option' being considered

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The Historic Dockyard, Chatham, is holding at **11am to 4pm daily on the 26th of July – 30th August 2010.** Arrr ey, we got a treasure hunt.
For more information about the splashbang day go to www.thedockyard.co.uk or call **01634 823807.**
Ouch, yes, I almost forgot, you can meet Captain Flint, the pillaging pirate parrot and if ye participate in the games, ye could win some great prizes.
What are ye waiting for? Ye kiddies stop moaning once and for all!

Come along, what are ye waiting for? Ye kiddies stop moaning once and for all!

On what are ye waiting for?

Land ahoy finally Arrgh!

Too bad / my cloud, would've liked to have gone myself

PIRATE PLAY DAYS

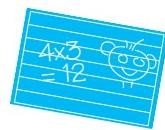
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BREAK TIME

Mighty Oaks from little acorns grow

A SWALE school scooped this year's top prize in the South and South East in Bloom school grounds competition.

The Oaks Infant School in Sittingbourne took first place ahead of 100 schools.

The contest is part of the Blooming Schools campaign, sponsored by Southern Water and now in its sixth year.

Also recognised for its efforts was the Abbey School in Faversham, which was awarded a silver gilt award and earning a place in the top ten.

The secondary school's win builds on a string of recent achievements including a successful Ofsted inspection.

Each school had a visit from judges last month, when they toured the grounds and to see gardens of flowers, fruit, vegetables and wildlife areas.

Peter Holman, chairman of South and South East in Bloom, said: "We were delighted to have the most school entries ever and the judges were impressed at the standard. It gives us great pleasure to see the gardeners of the future in action."

To find out more about the competition, visit www.southernwater.co.uk.

A sporting chance

SIX primary schools from across Swale took part in a Olympics cultural day with the aim of promoting core sporting values including leadership, friendship, sportsmanship and respect.

Children from schools in Bapchild, Boughton-under-Blean, Davington, Meadowfield, Rodmersham and Teynham took part in the event.



RETIRING: Borden Grammar School's former deputy head, John Paine

It's been such a pleasure, Mr Paine, after 33 terrific years

■ BY JILL HURST

DEPUTY headteacher John Paine has bid a fond farewell to Borden Grammar School in Sittingbourne after more than 30 years.

Mr Paine joined the school in 1977 as a maths teacher, set up its first computing laboratory in the 1980s and taught hundreds of boys during his 33 years of service.

Last week he joined staff and students for an emotional farewell.

A spokesman said: "John's influence on the school has been immense and generations of students and countless staff are grateful to him for the time he has been prepared to spend to help them find solutions to problems and for his wise counsel.

"In the latter part of his career, John took on a management role. He set up

a computerised school administration system and database for pupil and staff information and joined the Leadership Group in 2000, becoming deputy head in 2003.

"He will not be putting his feet up in retirement, but will have more time to indulge his passion for gardening and photography, and also on his music – he is a longstanding member of a successful country band.

"If there is any time left over, no doubt his two granddaughters will keep him busy, too."

Borden Grammar was founded as an independent day and boarding school in 1878.

The original building is now the Adult Education Centre off College Road. In 1928 the present main building was completed. The school is now a voluntary controlled grammar school.

For further information, contact deputy head Laurel Townend at the school on 01795 424192 or by email at lvt@bordengrammar.kent.sch.uk

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LETHAL WEAPON: The British flame-thrower in action in trials. The prototype and three similar weapons were never deployed during the war as the original was destroyed by German shellfire before the Battle of the Somme

Deadly Somme weapon located

EVIDENCE of a long-forgotten British secret weapon aimed at shortening the war in the trenches is coming to light along the Somme Valley in northern France – the scene of unimaginable slaughter in 1916.

Parts of a giant flame-thrower, which would have engulfed the German front line in a blistering inferno, have been unearthed by archaeologists who now believe they can pinpoint the exact location of the massive weapon – still buried under tonnes of earth.

It was destroyed by German shellfire – purely coincidentally – before it could ever be used – and three similar weapons were never deployed in action.

Royal Engineers, based at Chatham, designed the device which could hurl 1,000 gallons of burning oil at the enemy.

But it needed more than 300 men to manoeuvre it into position along the British lines. And it was while this was being done that German shells hit the working parties.

Troops ran for cover, abandoning the flame-thrower, which was buried as the ground erupted amid the carnage of exploding shells.

French historian Frederick Hadley, curator of a museum specialising in the Battle of the Somme in the town of Peronne, said parts of the "First World War: Shock and Awe" weapon had come to light recently.

"The flame-thrower had been known about via military records but no physical evidence had ever emerged as to its location," he said.

"It was supposed to go into action on July 1, 1916 – the opening day of the Battle of the Somme, near the village of Mametz – but shellfire dropped on the troops bringing it into position.

"There had been many reports of the inci-

■ BY NICK AMES

dent but no artefacts recovered until now. "Excavations of top soil have recovered the valves which would have regulated the flow of oil to be ignited – but the main hose has never been found.

"However, archaeologists think they know where it is and are seeking help in the form of finance and the necessary earth-movers to bring it to light.

"There are also tanks which would have held the fuel to be burnt – they are still under the ground somewhere as well."

The secret weapon was developed by the Royal Engineers and the man at the front charged with its deployment was Major William Livens, who had also supervised the installation of gas projectiles.

It took the form of a massive hose linked to giant fuel tanks with accompanying regulatory valves to control the flow of liquid.

This was intended to run through an underground trench snaking out from the British lines into no-man's-land.

The fuel would have been ignited as it left the nozzle of the hose and projected towards the German lines – around 100 yards away.

M Hadley said: "If it had ever been used it would have literally resulted in a wall of fire descending on the German trenches. The result would most likely have been utter panic."

The flames would also have resulted in oxygen being sucked into the fire suffocating German soldiers who had taken cover in underground bunkers and previously secure dugouts.

But because of its unwieldiness, the number of men needed to operate it and the destruction of the prototype, the three similar weapons being produced were never deployed.

Police at your beck and call

WHEN staff at the Kent Police Force Contact and Control Centre pick up the phone they have no idea who's on the other end.

The caller could be phoning to report a major incident, a crime in progress or perhaps a motorway crash.

But whatever it is about, the listening skills and calm approach of the call-handlers ensure the person is given the help they need – and in some cases the advice given over the phone could help save someone's life.

For staff at the centre, their work is unpredictable and sometimes challenging – but it is always very worthwhile.

Kent Police receives an average of 700-800 emergency calls a day – which are all dealt with at its Force Contact and Control Centre.

Alongside emergencies, the centre takes a further 1,000-1,200 non-emergency calls a day, ranging from people seeking advice on legislation to those phoning in with information to assist the police.

The Force Contact and Control Centre is based in Maidstone and is open 24 hours a day, seven days a week, 365 days a year.

The centre is divided into sections to reflect

Kent's six policing areas: South Kent, East Kent, Mid Kent, West Kent, North Kent and Medway.

Chief Inspector of Operations at the centre, Nicola Faulconbridge, said: "We're always busy, but the peak times are 8am to 10am and from 4pm to midnight and we always receive more calls during school holidays.

"We don't get a lot of nuisance or hoax 999 calls, but when we do these callers could be putting other people's lives at risk."

Ch Insp Faulconbridge said: "All calls are valuable, as the callers are possibly witnesses to what happened."

All emergency calls – when there is a crime in progress or a life at risk – to Kent Police should be made by dialling 999. All other calls should be made to 01622 690690.



ON CALL: The police control centre which is always busy



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your letters

YOUR LETTERS



Our sick society and guns are a lethal mix

Derek Packham calls for the relaxation of gun laws (*Yourblogger*, July 14). This would be an egregious folly. Much of the UK's population is afflicted with conditions affecting mental health.

The causes of this are extremely complex and varied. Urban overcrowding, family breakdown, years of sub-standard education, youth unemployment and a media culture of violence are just a small selection of problems contributing towards the disintegration of our nation's psychological well-being.

If, through a misconceived liberalisation of the law, firearms become easier to obtain, more mentally unstable people will have instant access to deadly weapons.

All it takes is for a switch to flick from sane to insane in these citizens' troubled brains, as happened with Derrick Bird and Raoul Moat, and they'll be reaching for the guns they legally possess and store in their homes so they can inflict bloody retribution on whoever they psychotically perceive are the architects of their misfortune.

Sick societies and guns simply don't mix, as the USA and Britain are discovering with a terrible cost to innocent human life.

I would also like to add that the argument that homeowners need firearms for protection and that they are a good deterrent against violent intruders is an unsubstantiated myth perpetuated by the gun manufacturers and their vociferous, influential lobby groups.

Clive Wilkins-Oppler, Canterbury

Feathered fiends are such a menace

Couldn't agree more [with last week's blogger, Tom Betts] after having my three-year-old daughter terrorised by winged yobboes.

They have stolen baby wipes from her bag and sandwiches from her tiny hand. I am regularly



yourblogger

Gary Wright asks if it will make any difference should public-sector employees strike over cuts

I WASN'T shocked to learn that union activists at local councils are threatening strike action to show their anger as the cuts in public spending become clear.

After years of retiring at 60 and being assured of a job for life, all at the ratepayers' expense (yes, I know it's 'council-taxpayers', but we all understand 'ratepayers'), suddenly our council chums have to account for how they are spending our cash.

So, batten down the hatches and prepare for them to demonstrate their outrage outside your town hall next year. But what are they protesting about exactly?

Well, in a nutshell they're a bit cross that those people who have worked in the private sector all their lives will no longer be relied upon to fork out – getting on for a couple of grand a month – for the privilege of having their bins emptied every couple of weeks.

Planning applications have fallen dramatically since the credit squeeze, so I expect borough and district planning departments to be shedding jobs by the dozen. No point striking – that's not going to make more people build extensions.

Finance departments might think they're pretty safe as careful management of what little cash they have will be a vital skill. Remember how KCC managed to 'invest' £50 million of our money in an Icelandic bank.

Then they lost in the crash because someone was on holiday and missed a warning email... or something.

I reckon any one of the charity treasurers in Kent could do a better job. They are people who know how to make a little go a long way.

And visits abroad. We have a bit of a record of that in Kent, for sending large parties abroad at ratepayers' expense on 'fact-finding' or 'friendship' visits. From now on, if someone wants to be our friend, let them come and see us. And they can pay for their hotel, too.

Then pensions. It must be pretty galling to have worked your way up in the public sector for 35 hours every week (less holidays and your eight days sick a year – oh, and public holidays). From section minion to section leader and then maybe even the head honcho, you were secure in the knowledge you'd retire at 60.

You've been pretty smug that for 20-odd years after that there'd be a monthly cash windfall pretty close to what you were earning.

Now you can't just rely on Johnny Ratepayer to stump up enough cash to pay for his bins to be emptied so that you and your fellow cottonheads can have free money. Outrageous though that might be, perhaps you understand how your bin-emptying former colleagues felt almost 20 years ago when they had to go and work for private sub-contractors.

Strike all you like, but we are all staring down the barrel of tough times. Remember that unless your strikes affect bin collections, most people probably won't notice, and if you do withhold your labour, in protest, then we have the right to withhold our council-tax payment.

But be assured the outcome will be the same.

If there is a story in your area you think we should be covering contact the news editor, Gareth Arnold, on 01303 817025 or email him on the details above. If you want to be the next Swale blogger then all you have to do is submit an article to us (of around 550 words) and email it to the editor. And don't forget, for all the latest news and video from your town log-on to www.yourswale.co.uk.



'bombed' for having the audacity to walk to the train station in the early hours of the morning. They are a menace. I do believe someone is going to be injured and gull-mageddon is on its way. I'm sure many others will agree.

Sharon Bellamy, posted on www.Yourkentnews.co.uk

Free over-60s train travel worth a try

Kent Green Party believes free bus travel for the over-60s in England and Wales should be extended to cover train travel too.

Outside the larger cities, bus travel options in the evenings and on Sundays are either limited or unavailable. Meanwhile, train services more commonly run throughout the evenings and on Sundays, and for many public transport users are the only way to get around. Free rail travel for the over-60s would enable the elderly to



travel in the evenings and on Sundays in many more areas, and also relieve pressure on some of the busiest daytime bus services.

As an experiment we recommend an initial trial in the South East, where evening train services are comprehensive and where a further reduction of road traffic would be an environmental benefit.

We accept an annual charge of perhaps £12.50 per annum would be needed to cover administrative costs and to discourage applicants who would hardly use it.

This proposal would offset some of the future expected worsening of living costs for pensioners while removing many reluctant drivers from the roads, and reducing pressure on the roads and improving air quality and cutting emissions.

Ian McDonald, transport campaigns officer, Kent Green Party

Rising demand for charity pet care

Veterinary charity PDSA has launched an emergency care appeal to help fund the life-saving treatment pets need after suffering serious injuries from accidents.

It's heart-wrenching if your pet is injured and vets bills can quickly mount up. Thankfully, PDSA is there to provide emergency care at PetAid hospitals across the UK.

With more people struggling in these hard economic times, the need for our veterinary services is

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endless benefits drain that has demoralised and infantilised housing benefit recipients at our expense.

Rita Grootendorst, by email



Wider benefits of good dental health

A shocking new study suggests males with type 2 diabetes are twice as likely to suffer from tooth loss than those without the illness.

The 20-year study was presented at the International Association of Dental Research conference in Barcelona. It followed 38,000 males from 1986 to 2006 to examine connections between diabetes and tooth loss or gum disease. The study was carried out in Brigham and Women's Hospital in Boston, USA, and presented by one of the four authors, M. Jimenez, at the conference. At the beginning of the trial all the participants had all their own teeth and were showing no signs of periodontitis (advanced gum disease).

Over the course of the study 11,478 new cases of tooth loss were reported by the participants, and 3,589 new cases of periodontitis.

Eliminating other risk factors for gum disease, type 2 diabetes was found to be the common factor which increased tooth loss by half.

These results are shocking, although we have known for years that diabetics are more likely to suffer from gum disease, the extent of the increase in such a large study is surprising. Recent studies have also shown a potential link between gum disease and development of diabetes, so this is a particularly interesting area. Studies in the past have shown a link between oral health and other serious illnesses such as cardiovascular disease, stroke and arthritis, and this study highlights again the importance of looking after our teeth. It isn't just about having a nice smile; it's about overall body health.

Diet was also found to be a contributing factor to the increased gum disease. Men with diabetes whose total fruit and vegetable intake was below average were twice as likely to report periodontitis compared to men with the same fruit and vegetable intake but without diabetes. The foundation emphasises good oral healthcare and preventive dentistry as the best way to keep your teeth for life, and look after your oral and overall health. Brushing your teeth for two minutes twice a day with fluoride toothpaste is one of the most successful ways to maintain healthy teeth.

Combine this with visiting your dentist regularly and cutting down on how often you have sugary foods and drinks in your diet, and you will be helping yourself greatly.

It is also important to clean between your teeth with floss once a day. Contact the Dental Helpline (0845 063 1188) for free, confidential and independent advice. The helpline is available from 9am to 5pm, Monday to Friday; or email helpline@dentalhealth.org.

Dr Nigel Carter, chief executive, British Dental Health Foundation

Heritage flag pride at gunpowder park

OARE Gunpowder Works Country Park has been recognised for its heritage and conservation work for a fourth time.

The park, near Faversham, has once more been awarded a green flag and green heritage site status, the national standard for parks and green spaces.

The accreditation is sponsored by English Heritage to promote best practice in the upkeep and promotion of heritage parks and green spaces.

The visitor centre, open at weekends and bank holidays from April to November, tells the story of gunpowder using photos, drawings and models.

Cllr David Simmons, portfolio holder for the environment, said: "Retaining this award is a great achievement."

Oare opened in 2005 after renovations using cash from the Lottery Fund, English Heritage, Forestry Commission, Seeda, Defra, Faversham Town Council and Swale Borough Council. The park is managed by Swale in partnership with Groundwork Kent and Medway.

RNLI's double call

SHEERNESS lifeboat was launched at 12.50pm on Saturday to go to the aid of a 45ft fishing vessel, Emeline, reported to have run aground off Pollard Spit, at the eastern end of Sheppey.

Emeline's crew of two were happy to wait for high tide to take them back to sea and the lifeboat returned to base.

The RNLI crew was out again on Sunday, after reports that a 27ft angling boat had broken down off Ham Gat on the Isle of Sheppey. The vessel was taken under tow to Queenborough.

Vocal condition tribunal rules against ex-cop

■ BY STEVE KNIGHT

legal costs in those cases where claimants are not successful."

SD is a rare disorder in which one or more muscles of the voice box move involuntarily, causing a sufferer's speech to sound abnormally high or tight. There is no cure although there are treatments that lessen its effects, such as botox injections.

Miss Gilbert showed early symptoms of the condition in 1997 but was not diagnosed until 2005, after which time she went on sick leave, which she claimed was due to anxiety and depression brought on by her poor treatment by the force.

She told an earlier hearing at the tribunal in Ashford that when employed by Kent Police the force failed to make "reasonable adjustments" for her condition, leaving her unable to communicate with colleagues or use the telephone without difficulty.

She added that she was not offered counselling to help cope with the disorder.

Had Miss Gilbert been successful with her



BITING BACK: Kent Police did not discriminate against a former officer whose rare voice disorder prevented her from becoming a dog handler, a tribunal has ruled

claim for disability discrimination, she stood to pocket tens of thousands of pounds in compensation. But in a reserved judgement, the tribunal panel unanimously ruled that she was "not disabled for the purposes of the Disability Discrimination Act" and dismissed the action.

At the earlier hearing in August, last year, tribunal chairman Martin Kurrein had warned that "the act is not a charter to blame someone for everything that happens to them in life".

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JAN 54, little auburn haired bundle of fun, wicked sense of humour, looking for uncomplicated fun with a tall dark haired male. Age/status unimportant. Tel No: 0906 515 7112 Box No: 338993

VAL outgoing, compassionate brunette, enjoys life to the full, seeks someone nice to share good times, maybe more. Tel No: 0906 515 7112 Box No: 338981

LUCY 30, chatty, bubbly brunette, shy until you get to know me, looking for a chunky male to get to know. Tel No: 0906 515 7112 Box No: 338929

ROMANTIC male needed by Vera, 42, beautiful, sexy Brunette looking for fun and more. Tel No: 0906 515 7112 Box No: 338925

49YR old, divorced female, 5ft 2ins, blonde hair, 3 children, seeks male, 48-52 for relationship. Tel No: 0906 515 7112 Box No: 338795

JULIE 44, medium build, single mom, honest, reliable, seeks slim-medium build male, 40-48, N/S. Tel No: 0906 515 7112 Box No: 338563

BRIGHT bubbly, curly blonde, bit of a romantic, seeks loving male to share the fun loving side of life with. Looks unimportant. Tel No: 0906 515 7112 Box No: 338461

LINDA larger lady 61, likes TV, gardening, seeks male for time out and company. Tel No: 0906 515 7112 Box No: 338587

52YR old single mom, 5ft 5ins, blonde, brown eyes, kind, caring, smoker, over-weight, seeks kind, caring, understanding male who likes history, theatre, cinema, meat out and coach trips. Tel No: 0906 515 7112 Box No: 338078

LINDA 45, seeks caring, understanding, hardworking gent. Tel No: 0906 515 7112 Box No: 338677

TILLY 52, larger lady, likes swimming, meals out, history, seeks friendly, fun, kind with similar interests for friendship, maybe more. Tel No: 0906 515 7112 Box No: 380546

JUNE slim blue eyed blonde likes a bit of fun seeks tall romantic male to share an intimate glass of wine at the end of a day. Discretion assured. Tel No: 0906 515 7112 Box No: 339095

PAULINE pretty professional blonde, great curves, life and soul of any party, seeks tall, well built male with passion for life to get together with. Looks/unimportant. Tel No: 0906 515 7112 Box No: 339087

JENNY 45, slim blonde with big blue eyes seeks special someone to brighten up her days and live up her nights. Tel No: 0906 515 7112 Box No: 339003

CAROLE 52, long chestnut hair, attractive, 5ft 4ins, medium build, likes travel, animals, countryside, seeks Scottish male, under 57 with hair. Tel No: 0906 515 7112 Box No: 380448

LOVELY sensual, shapely female, confident and adventurous, seeks experienced male for fun adventures. Tel No: 0906 515 7112 Box No: 336717

MICHELLE 41, stunning, seductive, dark haired nurse seeking sensitive male who likes a gal in a uniform for lots of off duty fun. Tel No: 0906 515 7112 Box No: 336715

RUTH young, attractive, kind, considerate, N/S, likes outdoors, socialising, many interests, seeks male for happy leisure time, friendship. LTR. Tel No: 0906 515 7112 Box No: 380088

BRIGHT bubbly, curly blonde, bit of a romantic, seeks loving male to share the fun loving side of life with. Looks unimportant. Tel No: 0906 515 7112 Box No: 338461

PASSIONATE nature loving lady, petite with long blonde hair looking for nice guy to spend quality time with and see how it goes. Looks unimportant. Tel No: 0906 515 7112 Box No: 338433

DEBBIE 35, fun friendly brunette, lovely figure looking for similar attractive male for adult fun. Tel No: 0906 515 7112 Box No: 338431

MICHELLE 40, cuddly, bubbly Brunette, up for anything, seeking average/well built male who knows how to enjoy life. Maybe with me! Tel No: 0906 515 7112 Box No: 338429

FEMALE 44, kind, generous, GSOH, genuine, caring, loving, likes animals, cinema, reading, walks, seeks similar male for friendship, maybe more. Tel No: 0906 515 7112 Box No: 338397

WIDOWER 50s, likes country walks, animals, reading, seeks male for friendship, maybe more. Tel No: 0906 515 7112 Box No: 338351

LARGER lady seeks gent, 60's for nights out, friendship and who knows. Tel No: 0906 515 7112 Box No: 338351

LARGER lady, 61, WLMT caring, affectionate male for nights out, friendship, maybe more. Tel No: 0906 515 7112 Box No: 338797

SINGLE fun loving female, 47, kind, caring, bubbly, GSOH, likes meals out, pub, cinema, cooking, walks, seeks male, 39-49 for friendship/relationship. Tel No: 0906 515 7112 Box No: 338679

43YR old female, petite, 5ft 1ins, single mom, OHAC, seeks male for friendship, maybe more. Tel No: 0906 515 7112 Box No: 337351

PAMM 33, pretty, kind, loving Brunette seeks funny, laidback male for relaxing fun times with no ties. Tel No: 0906 515 7112 Box No: 337273

MANDY 40, petite, curly Brunette, big green eyes, seeks someone nice to share lots of cuddles, TLC and more. Tel No: 0906 515 7112 Box No: 336563

FRAN young 52, happy go lucky, warm and cuddly, seeks similar kind male for a loving relationship. Tel No: 0906 515 7112 Box No: 338476

WANTED! Good looking, well built, honest male to make gorgeous curly Brunette, 28, happy again. Tel No: 0906 515 7112 Box No: 338455

SUE 39, petite fun loving Brunette, seeks tall, outgoing male who is full of surprises to keep her entertained. Tel No: 0906 515 7112 Box No: 338454

MALE 60, pretty, kind, loving, considerate older male to tutor and spoil her. Discretion assured. Tel No: 0906 515 7112 Box No: 337853

KATHY 40ish, passionate, outgoing, adventurous red haired lady looking for adventure seeks tall good looking guy for a relaxed no strings relationship. Tel No: 0906 515 7112 Box No: 337851

MICHELLE 43, long curly brown hair, sparkly green eyes, lovely figure, easy-going and affectionate, WLMT nice man for loving relationship. Age unimportant. Tel No: 0906 515 7112 Box No: 335065

MANDY 18, very pretty inexperienced young female, seeks seductive older male to tutor and spoil her. Discretion assured. Tel No: 0906 515 7112 Box No: 335669

FEMALE early 50s, seeks likeminded male, 50-55 for friendship. Tel No: 0906 515 7112 Box No: 380262

LARGER lady 61, likes TV, cinema, book sales, fairs, reading, WLMT male for nights out, friendship, maybe more. Tel No: 0906 515 7112 Box No: 336833

ATTRACTION female dark haired lady, 60, likes travel, cinema, dancing, conversation, GSOH, seeks N/S male to share similar interests. Tel No: 0906 515 7112 Box No: 337369

SARAH attractive, slim 5ft 5ins, Brunette, likes pubs, walks, travel, seeks male, 30-38 who is caring, exciting, confident and attractive. Tel No: 0906 515 7112 Box No: 337581

YETTE 46, attractive, blonde, blue eyes, likes keep fit, sees younger male with GSOH for serious fun. Tel No: 0906 515 7112 Box No: 337849

CAROLE petite, slim, long blonde hair, green eyes, attractive, likes sports, nights out, pubs, meals out, cinema, theatre, music, seeks genuine, honest male for friendship, maybe more. Tel No: 0906 515 7112 Box No: 337928

ALISON 30, pretty, slim with long brown hair, fit and active seeks fit older male for energetic relationship. Tel No: 0906 515 7112 Box No: 337609

MISCHA 60, blonde hair, blue eyes, well built, likes countryside, shows, fairs, walks, boot sales, home life, cooking, seeks likeminded male, 60-70 for friendship, maybe more. Tel No: 0906 515 7112 Box No: 337631

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ATTRACTION female dark haired lady, 60, likes travel, cinema, dancing, conversation, GSOH, seeks N/S male to share similar interests. Tel No: 0906 515 7112 Box No: 337369

RESCUE me! Lonely, hard working professional would love to be wined and dined by a romantic fun loving male. Tel No: 0906 515 7112 Box No: 337973

INVITATION to dine, trip to coast, cosy night in, you choose. 6ft, brown hair, 50's male, looking for someone special to spend quality time with. Tel No: 0906 515 7112 Box No: 337267

JACKIE 63, 5ft 5ins, slightly overweight, N/S, likes most things, seeks nice male to share life with. Tel No: 0906 515 7112 Box No: 338254

MARIAN 48, charming Brunette, slim and hopelessly romantic seeks easy going, laid back male to cherish and share an uncomplicated, relaxed relationship. Tel No: 0906 515 7112 Box No: 337835

ANNIE 55, very feminine, curly with short fair hair and green eyes, loves life seeking well built male who would like to chat out and cuddle up on the sofa. Tel No: 0906 515 7112 Box No: 337553

TALL attractive male, seeks older female for fun times, maybe more. Tel No: 0906 515 7112 Box No: 336841

MARIE 60, dark hair/eyes, kind, honest, GSOH, varied interests, N/S, seeks gent, 55-62 for friendship, maybe more. Tel No: 0906 515 7112 Box No: 336807

DEBORAH 41, intelligent Brunette, lovely brown eyes, discreet, many interests, seeks similar male to share fun and good conversation. Tel No: 0906 515 7112 Box No: 33721

BUBBLY Brunette, 40, lovely smile, likes to look good, loves rock bands and motorbikes, seeks confident man for new experiences. Tel No: 0906 515 7112 Box No: 337821

ATTRACTIVE young 42 yr old female, size 12, voluptuous, seeks tall, athletic male, 35-55 for fun, excitement and happiness. Tel No: 0906 515 7112 Box No: 337817

DAVID 5ft 11ins, fair hair, blue eyes, clean shaven, smart/casual, likes travel, theatre, arts, cinema, music, seeks female for friendship and companionship. Tel No: 0906 515 7112 Box No: 338028

PAUL 42, N/S, medium build, average height, sensitive, likes pubs, cinema, music, meals out, seeks female for friendship, maybe more. Tel No: 0906 515 7112 Box No: 338028

LAIDBACK young 60 yr old male, 5ft 10ins, slim, brown hair, green eyes, soulful, fit, likes sports, gardening, walks, seeks likeminded female. Tel No: 0906 515 7112 Box No: 338500

STEWART 42, builder, part time fisherman, likes dog walking, seeks female for friendship, maybe more. Tel No: 0906 515 7112 Box No: 338865

LOVING mature male, GSOH, 5ft 10ins, medium build, likes travel, home cooking, seeks special, honest, trustworthy, N/S lady to spoil, size 10-12. Tel No: 0906 515 7112 Box No: 336944

TONY 65, active, honest, N/S, likes walks, holidays, socialising, meals out, seeks female for company, maybe more. Tel No: 0906 515 7112 Box No: 336975

JOHN young looking 59, self employed, N/S, seeks female, 35-50 for friendship, maybe more. Tel No: 0906 515 7112 Box No: 336615

51YR old chap, 6ft, not bald, looks bit like Richard Branson without the money. Tel No: 0906 515 7112 Box No: 336529

GENUINE male, 45, no ties, GSOH, sexy, honest, smoker, seeks nice female, and agressionality/status. Tel No: 0906 515 7112 Box No: 336509

5FT 10ins male, 5ft, widow, likes cooking, travel, dogs, seeks female, 50-70. Tel No: 0906 515 7112 Box No: 336509

TALL slim, dark haired, attractive male, young 54, seeks attractive, slim female for times. Tel No: 0906 515 7112 Box No: 334557

MALE 44, nice looking, brown hair, blue eyes, slim, WLMTC nice, attractive female, slim, 34-40 who is very true and honest for friendship, maybe more. Tel No: 0906 515 7112 Box No: 336975

GENT 74, lonely, faithful, likes home life, solvent, own flat, seeks N/S female, 55-70 for friendship/LTR. Tel No: 0906 515 7112 Box No: 333761

EDWARD 60, 5ft 8ins, clean shaven, seeks mature TV, 55-80 for fun and friendship. Tel No: 0906 515 7112 Box No: 380814

VIC 70, fit, healthy, own home, seeks CD male for fun and friendship, maybe more. Tel No: 0906 515 7112 Box No: 338903

COLIN 60, youthful attractive 45, dark hairies, slim-medium build, seeks fun, black hair, 45-55 for TLC and possible LTR. Tel No: 0906 515 7112 Box No: 337879

MID 50's smart guy, good looking, Christian, likes theatre, cinema, meals out, seeks similar guy for relationship. Tel No: 0906 515 7112 Box No: 330797

ALAN 36, gay, fun loving, sociable, likes meals out, cooking, seeks similar gay male for 1-2-1 relationship. Tel No: 0906 515 7112 Box No: 380252

SIMON 45, fair hair, 5ft 6ins, good looks, seeks mature female, 45-65 to spice up life with no strings fav. Tel No: 0906 515 7112 Box No: 380136

ROMANTIC country man, young 50s, tactile, artistic, GSOH, likes meals out, walks, classic cars, antiques, seeks attractive lady companion. Tel No: 0906 515 7112 Box No: 337906</p

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DAY & NIGHT**Turn rubbish into art**

YOUNG people can get creative with rubbish at the Polka Dot Art Centre.

Anyone aged seven to 15 can go along to the Litter Angels workshops on Wednesdays in August at the centre in London Road, Teynham, from 10.30am to 12.30pm. Admission costs £5. To find out more visit www.polkadotac.co.uk or call 01795 521167 to book.

Have a jazz adventure

AWARD-WINNING jazz saxophonist Jon Irabagon joins forces with renowned drummer Tony Marsh tonight.

Fans of adventurous jazz should not miss the concert at the Command House in Chatham tonight, as the pair visit Medway as part of a short tour.

The concert starts at 8.30pm and admission costs £5.

Wives making merry

THE Merry Wives of Windsor continues its summer tour.

Hazlitt Theatre and Changeling's production is at Maidstone Ampitheatre tonight; Dandelion in Maidstone tomorrow; Vale House in Loose on Saturday, Nurstead Court in Meopham on Tuesday and the Friars in Aylesford next Wednesday. For details visit www.hazlittartscentre.co.uk.

Enjoy film and a picnic

EXPERIENCE a great film in the great outdoors as part of Gravesend Borough Council's Open Air Cinema season.

Escape to Victory will be screened at Ebbsfleet FC at dusk next Wednesday and the audience is welcome to bring picnics. Tickets cost £7/£4 or £20 for families of four. To book call 01474 337774 or visit www.woodvillehalls.com.

Rock on learning curve

FANS of rock can look forward to an evening of live music when Learning Curve plays in East Farleigh.

The band is at the Walnut Tree in Forge Lane tomorrow, starting at 8pm.

Admission is free. To find out more about the venue, call the Walnut Tree on 01622 726368.

Erics bare their soul

THE Erics will be providing live entertainment at a pub in Barming, near Maidstone, later this week.

On Friday the band is due to perform at the Duke of Edinburgh in Heath Road, playing its brand of rock and soul music.

For more information call the pub on 01622 727122.

Share talent at pub

SEE if you can discover the stars of tomorrow when a Rochester pub hosts an acoustic open mic night.

The Eagle Tavern in High Street will be giving acts the chance to perform to an audience on Sunday. The event starts at 8pm and admission is free.

Find out more online at www.theeagle-tavern.org.uk or call 01634 409040.



Revving up for fast-track action

SUPERLEAGUE FORMULA SUPERBIKE CHAMPIONSHIP

Thursday, April 26

Brands Hatch, Longfield.

FOOTBALL fans can look forward to a thrilling day of motorsport when Brands Hatch hosts the Superleague Formula.

Two of the country's favourite sports combine when the event comes to the track for the first time this weekend. Launched in 2008, the single-seater series features identical 750bhp V12-powered cars, each car is adorned with the colours of a major football club.

From Tottenham Hotspur to AC Milan, some of the world's most famous football clubs have been represented on the track by top racing drivers.

Big names that have driven for their favourite clubs in the Superleague Formula include Giorgio Pantano, Robert Doornbos, Antonio Pizzonia and Enrique Bernoldi. Former Toro Rosso Formula One driver, Sébastien Bourdais raced for Sevilla last year.

The event has now expanded from six-round seasons to 12 and three races will be held at

Brands Hatch. The action starts with a knock-out-style shoot-out, with the quickest car landing pole position in Sunday's first race.

The next stage sees the fastest cars facing an extra challenge on the reverse grid, with each race lasting about 45 minutes. Once the points for the first two races have been combined, the top six teams compete in the five-lap Super Final shoot-out for cash prizes.

"The Superleague cars are even more powerful than the A1GP cars and with their V12 engines, they sound absolutely amazing," said Jonathan Palmer, chief executive of Motorsport Vision.

"They are impressively big cars too, so with the reverse grids, it will be a fabulous spectacle for fans of motorsport and football alike."

The motorsport action continues the following week with the MCE Insurance British Superbike Championship. Spectators at Brands Hatch can look forward to the distinctive sound of MotoGP machinery reverberating through the air, as top riders take part in this motorsport spectacle.

With top speeds of more than 200mph, the Rizla Suzuki MotoGP GSV-R800 four-stroke motorcycles will be the fastest bikes on the track. The audience can see these remarkable machines in action when Spanish rider and

former 125cc World Champion, Álvaro Bautista gives high-speed demonstration laps to mark 50 years of international racing by Suzuki.

World Superbike star Tom Sykes will be stepping up his battle for the title, riding the factory WAB Kawasaki in this eighth round of the MCE Insurance British Superbike Championship.

"I'm really excited to have this opportunity to race in front of the British fans at the biggest BSB round of the season at Brands Hatch, which still has to be one of my favourite race tracks in the world," Sykes said.

"The Paul Bird Motorsport Kawasaki team put in a great performance last year with three podium finishes and I am now looking forward to going head-to-head with the best of BSB. It has been a fantastic year for me and I am sure we will give the BSB regulars a good battle for those wins."

The Superleague Formula takes place this weekend and tickets are priced from £24 for adults.

Advance adult weekend tickets for the British Superbikes, which runs from Friday, August 6 to Sunday, August 8, cost £30 online. Admission is free for under-12s. Call 0870 950 9000 or visit www.brandshatch.co.uk.



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Martins Restaurant

If you're bored of gimmicky city centre restaurants, and want a taste of excellent cuisine in the heart of the countryside, then book a table at Martins.

Due to popularity, a two for one offer is continuing during summer – so it's the ideal place to catch up with friends and family.

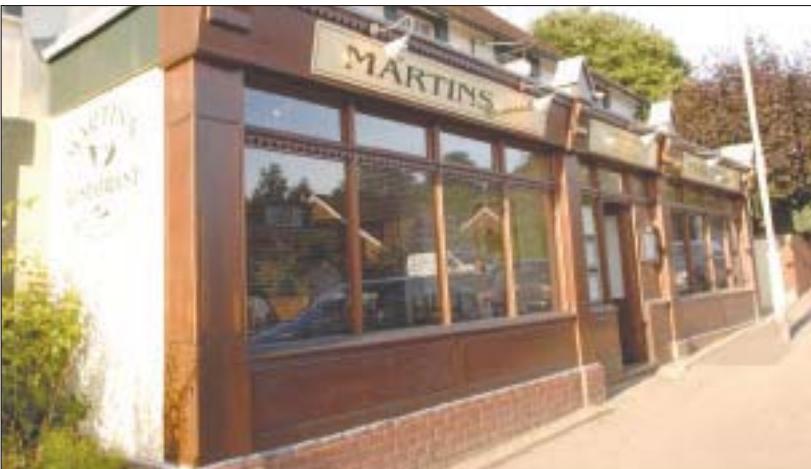
What Martins has done for 21 years now, is combine every element on the diner's checklist, and package it in an approachable, affordable and enjoyable evening out.

The restaurant, one of the longest-running in Kent, has a modern interior with that classic countryside feel we love about Boughton.

Gone are the hops, in are classic Parisian black and white portraits, and images that reflect the sophisticated yet friendly atmosphere the team strives to create each and every evening.

Also in is a fresh new menu, including – for July – summer melon, a dish of chilled melon, tomato and fresh mint with a vinaigrette dressing, and chicken Veronique, served in white wine and grape sauce.

All meals are freshly prepared on the night too, using the finest ingredients, locally sourced where possible. So whether it's a



romantic meal for two, a birthday party, wedding reception, or any other excuse, Martin's guarantees the elegance of London, in the heart of the garden of England.

If you are a bit indecisive when your menu arrives, then our Friday night carvery is ideal for you.

A spectacular array of fresh seafood, salads, roast meats and vegetables means that you can create your own starter and main course

for just £14.50. Simple, yet hugely satisfying.

For a look at our monthly set menu or a la carte menu, see our website, www.martinstestaurant.co.uk.

The restaurant is open from Tuesday to Saturday evenings from 7pm, last orders 10pm, and Sunday lunches from noon, last orders 2pm.

Martins, 40 The Street, Boughton-under-Blean, near Canterbury. Telephone: 01227 750304.

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CHEF RECOMMENDS

Martins Restaurant

Starter: Bacon, onion, mushroom and herb filo parcels with a mixed leaf salad.
Main course: Tenderloin pork steak with a wholegrain mustard and cream sauce.
Dessert: Cheese board.
Telephone: 01227 750304

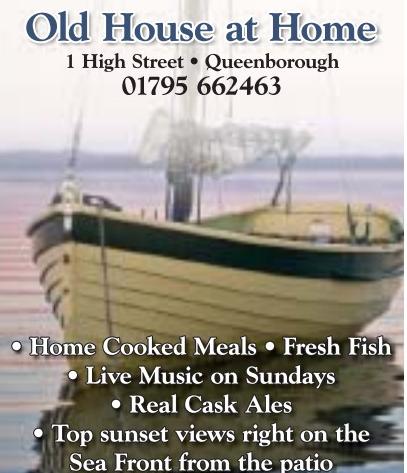
Judd's Folly

Starter: Trio of melon with refreshing blackcurrant and passion fruit sorbet.
Main course: Roasted pepper stuffed with mushrooms, tomatoes and couscous.
Dessert: Summer fruit cheesecake.
Telephone: 01795 591818

Old House at Home

Starter: Smokies – smoked haddock with cheese and leek sauce.
Main course: Cod, chips and mushy peas
Dessert: Mixed berries served with a choice of Cornish ice cream or cream.
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DAY & NIGHT**Prom at the Pavilion**

FORMER D'Oyly Carte soprano Hannah Kirk joins the Thanet Male Voice Choir for their Prom by the Sea.

The concert at Broadstairs Pavilion starts at 7.30pm tonight and will finish in time for guests to watch the firework display over Viking Bay.

Admission is free, but audience members should arrive early to secure a seat.

A bite of the Big Apple

AN ASPIRING writer heads to 1920s New York in the one-man show, Small Town to Big Apple.

Greg Chapman plays a young man looking for a story in the show at the Tom Thumb Theatre in Cliftonville at 7.30pm on Friday and Saturday.

Tickets cost £8/£6. To book call 01843 221791.

Ancient healing sounds

ANCESTRAL music from African villages will be performed at Quarterhouse in Folkestone tonight.

Kasai Masai play traditional sounds rooted in the healing power of percussion and singing. The concert starts at 7.30pm and ticket cost £10/£8 or £26 for families of four. To book call 01303 858500 or visit www.quarterhouse.co.uk.

Spend night with Queen

HEAR the hits of Queen played live with uncanny accuracy at Folkestone's Leas Cliff Hall this week.

Find out if Gary Mullen really is the next best thing to Freddie Mercury by seeing One Night of Queen at 7.30pm on Friday.

Tickets cost £19.50. Call 0844 8471776 or visit www.leascliffhall.org.uk.

Triple bill of comedy

A TRIO of comedians will be going for giggles at the Ramada Dover when The Comedy Club visits on Thursday.

Kevin McCarthy will be acting as MC, joined by Zoe Lyons and Stephen Grant. The over-18s show starts at 9pm. Tickets cost £12 for the comedy only or £20 including a three-course meal. To book call 01304 872843.

Kids go free on trains

CHILDREN can travel on the Kent and East Sussex Railway for free during the summer holidays.

Until August 22, up to three children can travel free with the purchase of one adult rover ticket, at £12.80. To claim your free tickets, download the voucher from www.ksr.org.uk and take it to the booking office at the time of purchase.

Take tea with mayor

ENJOY afternoon cream tea with the Major and Mayoress of Margate at the Walpole Bay Hotel next Wednesday.

Cllrs Michael and Shirley Tomlinson will host the event at 2.30pm to raise money for the Mayor of Margate's Charity Fund. Tickets cost £12 and include a talk on the history of the hotel. To book call 01843 221704.

Joe king of the art of silliness

JOE PASQUALE

Friday, August 6, Winter Gardens, Margate



THE King of the Jungle is ready to drive you wild with his latest show full of comedy and calamities.

Joe Pasquale continues his personal quest to make holidaymakers laugh by taking his new show to seaside towns around the country. Just Joe is his latest collection of comic capers, slightly duff magic and Pasquale's trademark silliness, designed to get audiences giggling, whatever the British summer weather.

Last year's fast-paced show featured a motorised toilet, so fans can look forward to another evening of wacky props and goofy gags. Pasquale's latest gadgets can be as unpredictable as his humour and could be one reason why the comedian has won an increasing student following.

Born in Essex, Pasquale harboured early desires to become an actor, but he could not afford to go to drama school. So he tried to get into show business another way, by becoming a bingo caller and a holiday camp entertainer. He rose up the ranks to become entertainment manager at two resorts and eventually discovered his gift for comedy.

By the time Pasquale appeared on the TV talent show New Faces in 1987, he had also worked in the civil service, a Ford factory and Smithfields meat market. Achieving second place on the show meant that work as a comedian started to come in, liberating Pasquale from some of his less enjoyable jobs.

When Pasquale really hit the big time, his first video sold in huge numbers and he became a popular television personality. His distinctive high-pitched voice has only added to his endearing persona and along with his comedy work, he also became a successful game show host.

Although he was already a popular and well-known comic, Pasquale's career received a further boost when he appeared on the ITV reality show I'm a Celebrity...Get Me Out of Here! in 2004.

The bookies' favourite from the start, Pasquale did not disappoint viewers with his charming nature and good sense of humour, which even held during the most tortuous Bush Tucker tasks. While other celebrities complained about the primitive jungle conditions, Pasquale's quips consistently won the viewers' votes.

In the final stages, he saw off competition from former royal butler Paul Burrell to be crowned King of the Jungle.

His experiences in the jungle had more far-reaching consequences than anyone might have expected. One of the Bush Tucker Trials involved dangling from a helicopter in mid-air, while trying to obtain stars to win meals for his fellow contestants. This hair-raising ordeal actually helped Pasquale overcome his fear of flying and he went on to gain his pilot's licence



after taking lessons at Rochester Airport.

Despite his enormous success as a comedian, Pasquale has still managed to follow his dream of becoming an actor. His stage projects have included numerous pantomimes and he appeared in the West End production of The Producers.

His unforgettable voice has also been heard in animations such as Hollywood movie

Horton Hears A Who! with Jim Carrey and CBBC's Frankenstein's Cat. Pasquale has also appeared as the Scarecrow in a touring production of The Wizard of Oz.

The show starts at 7.30pm and tickets cost £16.50, concessions available for Friends of the Winter Gardens. To book call the box office on 01843 292795/296111 or go online at www.margatewintergardens.co.uk.



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ARCHERY SCHOOL AND KNIGHT SCHOOL

Various dates, Canterbury Tales, Canterbury

LEARN the ways of the past as historical experts take up residence at Canterbury Tales.

On Wednesdays throughout August, visitors can learn about life in medieval England and try their hand at the ancient skills of archery and sword fighting.

On August 4 and 18, join the Archery School and see if your aim is strong and true. In early medieval times, it was decreed that every man and boy in England should practise with the long bow during his free time. Visitors aged from seven upwards can join the trained instructors to try out this time-

honoured pursuit and see whether they could have passed as an Agincourt archer or Norman invader.

Learn to wield a sword by joining the Knight School on August 11 and 25. The knight and his unarmed squire will demonstrate the combat techniques of the day and expose a few myths about medieval armour.

The special events are included in the admission price of £7.75 for adults, £5.75 for children and £6.75 for concessions.

For more information call 01227 784600 or see the website at www.canterburytales.org.uk.



MARGATE CARNIVAL SOUL WEEKEND

Saturday, July 31, and Sunday, August 1, The Piazza, Margate

CHILL out and relax as Margate Carnival Soul Weekend returns with some truly great performers.

The carnival will also feature an array of colourful family rides, along with a tasty Caribbean barbecue.

Sunday's music programme will be headlined by West Coast Soul Stars, who perform ahead of the release of their new single, Show Me Love, featuring Eli and Janine. In September, they will be supporting 80s funk band Chic at the Indigo2, so soul fans should not miss the chance to see these rising stars in action.

The award-winning R&B artist Junior Giscombe will also be performing, along with former Hi Tension member, David Joseph. Giscombe was a pop force during the 80s when he had hits with Mama Used To Say and Too Late. He duetted with Kim Wilde on Another Step (Closer To You) and went on to write songs for artists like Sheena Easton.

The free entertainment starts at 3pm on Saturday and 2pm on Sunday. The carnival procession starts from Westgate at 3pm on Sunday. For more details visit www.westcoastlive.co.uk.

WIDOWER'S HOUSES

Thursday, July 29, Saturday, July 31, and Sunday, August 1
 Memorial Theatre, Broadstairs

MONEY and principles do not always mix in George Bernard Shaw's sharp satire, Widowers' Houses.

The first play in the Sarah Thorne Summer Repertory Season explores the Victorian money-making system and the ways in which money can interfere with love and romance. Directed by Michael Friend, the play has been performed for nearly 120 years.

Harry Trench is a doctor with a good background but only a small income. However, his life seems to be taking a positive turn when he falls in love with the beautiful Blanche while on holiday in Germany and they become engaged.

On their return to London, Harry is horrified to discover that Blanche's father is the landlord of slum housing. He orders Blanche to refuse her father's money once they are married, but his principles are soon put to the test when he discovers where his own meagre income is coming from.

Tickets cost £10.50 for Sarah Thorne Theatre Club members and £12.50 for non-members, who must book at least 24 hours in advance, call 0845 262 6263 or email info@sarahthorne-theatreclub.co.uk.



ALICE IN WONDERLAND

Friday and Saturday, July 30-31, Dragon House, Smarden

DISAPPEAR down the rabbit hole and spend the evening in Wonderland with the Smarden Players.

The group presents an adaptation of Lewis Carroll's classic stories, Alice in Wonderland and Alice Through the Looking Glass, performed outdoors in the gardens of Dragon House. With a 50ft stage, impressive set design and special effects, the Smarden Players present a magical show that will enchant audiences of all ages.

Some of the most exciting elements of the show include the 'rabbit hole' entrance which guides audiences to their seats and the mysterious, disappearing Cheshire Cat. The voice of the cat is provided by former Meridian TV reporter Jeff Moody.

Derek Colley's adaptation of the much-loved stories includes many of Wonderland's most popular residents. For this production, a slightly older Alice will guide the audience through the story and there are plenty of surprises in store.

Tickets cost £7/£5 on Friday and £7 on Saturday. To avoid disappointment, buy tickets in advance from the Post Office or the Flying Horse in Smarden or alternatively call 01233 770557.



UNDER SIEGE

Saturday, July 31, and Sunday, August 1
 Dover Castle

EXPERIENCE the drama of a castle under attack when history comes to life at Dover Castle this weekend.

In 1216, Dover defended the country against a French attack which became the scene of one of England's bloodiest battles. This critical event in English history is recreated in spectacular style, when a thrilling medieval siege is recreated at the attraction.

Feel the atmosphere and learn how the army prepared for combat with this absorbing event, which features an authentic army encampment. Throughout the day, minor skirmishes will break out as the tension builds towards the mighty battle on Palace Green. See the knights and foot soldiers engage in combat, along with the French attackers' attempts to undermine the Great Tower by digging a tunnel. The French troops will also use a terrifying trebuchet to attack the castle.

Hubert De Burgh will lead King John's defence from the Great Tower, where visitors can meet the colourful King's household and find out what life was like under siege.

To find out more visit the website at www.english-heritage.org.uk/dovercastle.





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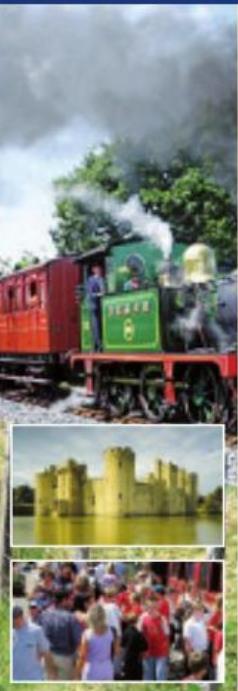
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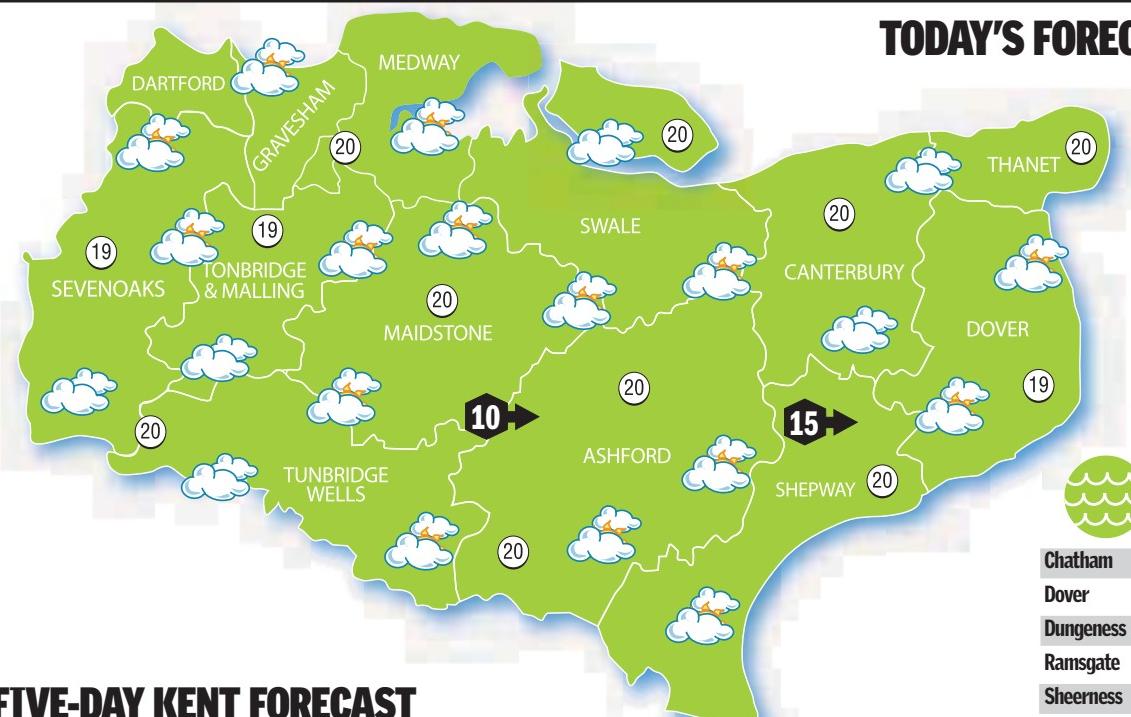
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TODAY'S FORECAST



AROUND THE WORLD YESTERDAY

Amsterdam	19°C	Madrid	30°C
Athens	30°C	New York	32°C
Barcelona	26°C	Paris	24°C
Beijing	31°C	Rome	28°C
Bombay	28°C	Sydney	15°C
Cape Town	15°C	Tenerife	24°C
Cardiff	22°C	Tokyo	32°C
Gibraltar	26°C	Vancouver	20°C
Hong Kong	30°C	Warsaw	14°C
Las Palmas	26°C	Wellington	10°C

FIVE-DAY KENT FORECAST

	Thur	Fri	Sat	Sun	Mon
Ashford	22°C	21°C	21°C	21°C	21°C
Canterbury	22°C	20°C	21°C	20°C	21°C
Chatham	20°C	20°C	20°C	21°C	21°C
Dartford	25°C	21°C	22°C	22°C	21°C
Dover	20°C	19°C	19°C	18°C	18°C
Faversham	20°C	20°C	20°C	21°C	21°C
Gravesend	25°C	21°C	22°C	22°C	21°C
Maidstone	23°C	21°C	21°C	21°C	21°C
Folkestone	20°C	19°C	19°C	18°C	18°C
Ramsgate	22°C	20°C	21°C	20°C	21°C
Rochester	20°C	20°C	20°C	21°C	21°C
Sevenoaks	22°C	20°C	20°C	20°C	19°C
Sittingbourne	20°C	20°C	20°C	21°C	21°C
Tonbridge	22°C	21°C	21°C	20°C	20°C
Tun Wells	22°C	21°C	21°C	20°C	20°C

KENT'S WEEKEND HIGH TIDES

Chatham	Saturday	4:38pm 5.8m	Sunday	5:11pm 5.6m
Dover	Saturday	2:54pm 6.3m	Sunday	3:21pm 6.2m
Dungeness	Saturday	2:53pm 7.3m	Sunday	3:26pm 7.2m
Ramsgate	Saturday	3:24pm 4.8m	Sunday	3:51pm 4.7m
Sheerness	Saturday	4:28pm 5.5m	Sunday	5:00pm 5.4m
Whitstable	Saturday	4:39pm 5.2m	Sunday	5:08pm 5.1m

SUNRISE 5.12am SUNSET 8.51pm

MOONRISE 9.23pm MOONSET 7.51am



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For further information or to make a booking call Pontin's on 0844 576 5944 quoting SZ42.

TERMS AND CONDITIONS:

*Price based on 6 persons sharing a two bedroom Budget apartment at Southport Holiday Parks and Camber Sands commencing 31st July.

**Pontin's Pounds Holiday spending money will be given out on arrival and can be used in all bars, restaurants and fast food outlets on each Pontin's Holiday Park. Pontin's Pounds Terms and Conditions apply - see Pontin's 2010 brochure. 50 Pontin's Pounds per apartment given on 7 night Summer Holidays, 25 Pontin's Pounds per apartment given on 3 or 4 night Summer Breaks.

#One free child (13 years and under) per two full paying adults

+1 Churchill dog will be provided on arriving at the park. One dog per apartment.

*Not all activities available on all Parks

All places are subject to availability at the time of booking. Not all Parks are available on all dates. Pontin's reserve the right to remove promotional dates without prior notice.

Applies to new bookings only. Offer not available on Group Bookings, Special Interest/Themed Breaks.

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All other terms and conditions are as per www.pontins.com/mediaterms.



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After years of bit-part roles Justin proves he's not on The Rebound

■ BY SUSAN GRIFFIN

TWELVE years ago he was playing roles that didn't even appear on the movie's closing credits. But now, Justin Bartha – aka the anonymous clubgoer in the 1998 disco film 54 – has reached leading man status with his latest movie The Rebound.

Along the way there have been hits (National Treasure, The Hangover) and misses (Gigli), but 32-year-old Bartha says he feels "extremely grateful for all the great things that have happened".

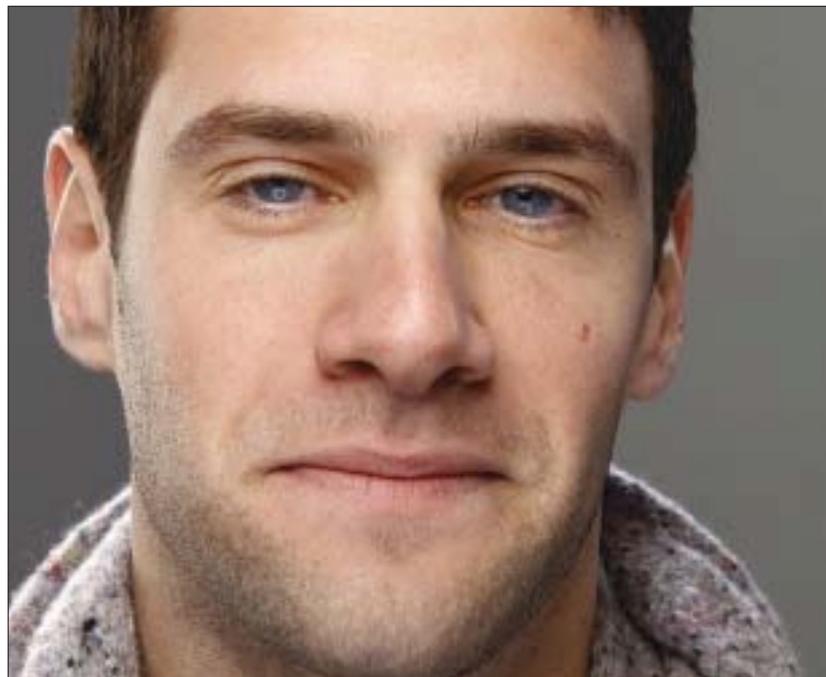
The first of his family to forge a career in acting, started out in high-school plays and doing community theatre, before training at university in New York only to find himself "bumming around trying to get a job".

That first job was behind the camera, as a production assistant on Analyze This in 1999. Later that year, he made his professional acting debut in a short film called Tag. A few quiet years followed before he joined the then couple-du-jour Ben Affleck and Jennifer Lopez in the universally panned Gigli in 2003. Then a year later, he finally got his big break as the comedic computer whiz Riley Poole in the National Treasure films.

In romantic comedy The Rebound Bartha plays Aram Finkelstein, a directionless 24-year-old who becomes a nanny for Sandy, the perfect suburban wife, played by Catherine Zeta Jones, who's just discovered her husband has been having an affair. The pair embark on a relationship that goes swimmingly until reality rears its ugly head.

"It's a really great romantic comedy and something everyone can enjoy," says Bartha.

"It's a New York love story where Catherine and myself have just got out of bad relationships but find it's the wrong time to explore theirs because of their ages and where they



THE SENSITIVE TYPE: Justin Bartha plays children's nanny Aram Finkelstein in the romantic comedy The Rebound

are in their life."

Written and directed by Julianne Moore's husband Bart Freundlich, Aram's optimistic and romantic stance on life makes him a refreshingly sympathetic male character.

"Aram is a nice guy and there's some role reversal in the movie," says Bartha. "You're so used to seeing men in movies being aggressive idiots who are only looking for sex. Aram is a sensitive man and that's really interesting. He's almost too sensitive."

But, despite Bartha's eagerness, it was to be a few years before he was cast.

Director Freundlich has since explained that

he needed to explore a wide range of people to be sure Bartha was the right choice – and Bartha readily admits he thought he wouldn't get the role after hearing Catherine Zeta Jones had been cast as Sandy.

As for working with our home-grown star, Bartha's nothing short of gushing. "She's fantastic. Who doesn't like her?"

It's lucky they got along, as the pair share an intimate moment on a sofa before being interrupted by Sandy's son.

"It's very awkward doing those scenes," he laughs. "In that scene I have to fall off this couch and kept scraping my chest, so by the

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end of the day I had this rash on it. It was very 'not sexy'."

Another scene that creates a big laugh happens when Aram takes Sandy on a date to see his best friend's amateur dramatic showcase, which turns out to consist of 46 theatrical scenes – with no interval.

"What's funny is that it seems like such a comedy scene but acting workshops really are like that," he says. "I've been to tons of them."

THE REBOUND
Certificate 15



WATCHING THE DETECTIVE: Benedict Cumberbatch and Martin Freeman



YOUR TV REVIEW

SHERLOCK: BBC One, 9pm, Sunday **FIFTH GEAR:** Five, 7.30pm, Thursday

WITH autumn approaching, the schedules will soon be full of new shows hoping to grab your attention for the remainder of the year.

Sherlock is the BBC's highest-profile effort.

Whether or not the decision to bring Sherlock Holmes back was based on the success of the recent film is not something I can enlighten you on, but it's an interesting point.

Curiosity in the character has no doubt been revived due to Guy Ritchie's film adaptation, but rather than set this in days past it has been dragged kicking and screaming into the present day.

Holmes is now a man who surfs the net and has Dr Watson on speed-dial.

There's a fantastic iPhone application that lets you download a whole collection of the Sir Arthur Conan

Doyle-penned Holmes books for free, so I took a look earlier this year.

Holmes is really not the straight-laced deer-stalker-wearing square he is often played as.

In fact he is a much spikier pedant than you would think, so choosing the angular Benedict Cumberbatch as the man to play the super-sleuth could turn out to be a good move.

Meanwhile, Martin Freeman steps into faithful companion Dr Watson's shoes.

Brought to you by two of the men behind the Doctor Who revival, expect this to be the next big thing, or to sink without a trace.

AS Top Gear grows ever more fanciful and has less to do with motoring

with each passing episode, the driver who is actually interested in cars would be forgiven for switching to Fifth Gear instead.

This is not the new kid on the block, and has actually been around since 2002, but adheres more to the style of old Top Gear, rather than the re-launched ego fest of Clarkson, May and Hammond.

This show actually road tests cars the average man may actually one day have a chance of driving, and touches more on the issues that concern your average motorist.

It is probably not as funny or entertaining as Top Gear, but copying the old format of its rival (old TG presenters Tiff Needell and Vicki Butler-Henderson are employed here), which looked like a dumb move in the early days, has actually turned out to be its biggest strength.

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yourmusic

Home-grown acts create a great day



ROCK ON: Coronal were one of many great acts at Create Music Festival

■ BY DOMINIC GREENWOOD

OFFERING everything from cheesy covers to crashing guitars, Create Music Festival kept thousands entertained in Ashford's Victoria Park on Sunday.

With an incredible 11,000 people through the gate, Create has become the county's leading free festival, a feat made all the more impressive by the fact that nearly every band on the line-up was home-grown.

The festival boasted extra stages this year with an acoustic tent, a dance tent and the Right Track Music stage for younger bands.

For the first time it also offered a bar, and as the threatened rain held off many enjoyed a cold beer in the sun in front of the main stage.

Many of Kent's best-known acts made an appearance, many of which have already enjoyed a busy festival season.

Luke Jackson, a singer-songwriter whose talents belie his years, and 'unhinged' folk act Los Salvadores have both already played sets at Canterbury's Lounge on the Farm, and both put in a spirited performance at Create on the acoustic and main stage respectively.

Other highlights included Ashford metal band Coronal, whose charismatic frontman succeeded in firing up the crowd throughout the band's brutal half-hour set.

Many acts peppered their sets with covers, which was appreciated by those looking for a hint of familiarity.

Five Floors Up were particularly good in this respect, and headliners Green Date, a convincing Green Day tribute band, rounded off the event with an effective trawl through the Californian three-piece's back catalogue.

Organiser Chris Dixon from Ashford council said: "Create 2010 has been phenomenal, and no doubt the best yet. It is amazing what can be achieved when local talent, audiences, event

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MUSIC FESTIVAL: A montage from this year's Lounge on the Farm



BAND PRACTICE: Zinta Egle and her band play Love With No Love



TOP FIVE KENT GIGS

- 1 Craig Sheridan - Times Change (from Deal)
- 2 Shelta - We Can Make It (from Bexley)
- 3 Ron Bowdery - The Return of Alfred E (from New Eltham)
- 4 Gristlebridge - Unbreakable (from Whitstable)
- 5 Stereohype - Invaders Must Die (from Deal)

organisers, local businesses and local sponsors all work together to deliver something as positive as this for our community – Ashford can be very proud of itself this week.

"After every Create, you always feel so exhausted, you can never think of running another, but after seeing so many smiling faces and families getting together today I can safely say Create will be back for July 2011."



HIGH OLD TIME: Kitzbühel in the Austrian Tyrolean has an adventurous side away from its more well-known skiing and snowboarding activities

yourgetaways



Adventurous pursuits on offer in the Austrian Tyrol

■ BY RICHARD JONES

WHILE glitzy Kitzbühel's infrastructure is perfectly prepared for the deluge of skiers and snowboarders, there is a very different feel to the area come summer.

When the hedonism and intensity of the ski season has melted away, visitors relish the gorgeous scenery and, even better, try the variety of adventurous pursuits on offer in the area.

I began my four-day break on the Saturday evening, and checked into what would be my base for the trip – the four-star Hotel Jägerwirt, run by the same family for four generations.

The first dinner for our 10-strong group was a hearty combination of lamb, potato gratin and spinach, before a nightcap at Flannigan's, the local Irish bar.

Next morning, the minibus whisked us off to the Mountain High centre in Kirchdorf – to be measured for wetsuits, life jackets and helmets for our first activity – the family rafting.

Our time in the 12ft x 6ft raft was great fun, and the highlight was jumping out of the vessel to float down through the rapids on our backs, before climbing out and jumping from a cliff face into a plunge pool.

The rafting course took us into a part of Germany for a short while, through the wildly romantic Klobenstein Canyon, until the minibus came to collect our equipment and return us back to Mountain High.

After lunch, we took the five-minute walk from the hotel to the Mountain Edge bike centre.

Our guide Rob provided helmets, gloves and bikes, before leading us

FACT FILE: AUSTRIA

Time difference	+Two hours (GMT)
Capital	Vienna
Language	German
Population	8,350,000
Currency	Euro
Climate	Temperate

Richard Jones was a guest of Crystal Lakes & Mountains, which offers seven nights' half-board at Hotel Jägerwirt in Kitzbühel from £639. Thomson Lakes has an Austrian Adventure package based on the Mountain High Adventure Centre, Kirchdorf, from £645, including flights ex-Gatwick, transfers, and seven nights' half-board accommodation.



on a specially tailored ride to the lake at Schwarzsee, a haven for local holidaymakers on this particular weekend – a Tyrolean bank holiday with the sun shining.

There was an Italian buffet at the Jägerwirt on Sunday night, while Monday morning promised our third activity of the week – canyoning. This was not for the faint-hearted, and four of our group backed out when peering over the edge of the gorge.

But those of us who stuck with it were rewarded with an hour of sheer excitement involving slithering down rockslides carved into the rock, jumping into frothing plunge pools, hanging from cliff faces, and floating down through ice-cold water on our backs until we reached the rest of our party at the base.

After the adrenaline rush of the morning, it was time for a gentle

three-hour walk through farms, forests and flowery meadows and up to a waterfall on the south side of the Kitzbüheler Horn, which offered us excellent views across the town.

After a dinner of Wiener Schnitzel, a few of us embarked on a night out in Kitz, stumbling from the town's main nightspot, The Londoner bar – jam-packed to the rafters during ski season – in the early hours.

There were sore heads next day as we tried Canadian canoeing. Though the canoes were safe and stable, steering them proved difficult and we had countless collisions with the rocky banks and capsizes galore.

While we were on the river, the under-14s on our trip had a swim and splash around in a nearby lake.

The farmers' buffet at the Jägerwirt was the perfect way to round off our week in Austria.

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Total Amount Payable £14176 * **APR 9.9%**

	2005 Ford Mondeo 1.8 5dr in Blue 48,250 miles			
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Total Amount Payable £6032.08 * **APR 9.9%**

	09/09 Ford Mondeo 1.8 Diesel Estate 5dr in Sea Grey, 24,013 miles			
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03 53 Honda Jazz 1.4 SE. Power Steering, Anti Lock Brakes, Alloy Wheels, Air Conditioning, Electric Sunroof, Electric Windows, Electric Mirrors, Radio CD Player, Remote Central Door Locking, Head Restraints, Folding Rear Seats, Twin Front Air Bags, Only 47456 Miles, Finished In Metallic Green

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02 52 Renault Laguna 1.8 Privilege 16v 5 Door, Power Steering, Anti Lock Brakes, Alloy Wheels, Air Conditioning, Electric Windows, Electric Mirrors, Remote Central Door Locking, Front Fog Lamps, Radio CD Player, Twin Front Air Bags, Side Air Bags, Curtain Air Bags, Only 59250 Miles, Finished In Metallic Silver.....

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06 06 Fiat Doblo Dynamique 1.4 MPV. Power Steering, Anti Lock Brakes, Alloy Wheels, Air Conditioning, Sliding Rear Doors, Electric Front Windows, Radio CD Player, Remote Central Door Locking, Folding Rear Seats, Front Fog Lamps, Twin Front Air Bags, Only 23565 Miles, Finished In Metallic Blue.....

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156, JTD 16v Multijet Lusso, 2005, metallic stromboli grey, 39450 miles, £5562, Canterbury, 0844 856 4494 (TRADE)

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159, JTD, 2008, abs brakes alloy wheels cruise control drivers airbag electric windows immobiliser power steering trip computer isofix child seat points remote audio controls, black, 32782 miles, £13000, Ashford, 0844 826 5918 (TRADE)

159, 1.9 JTDM 16v, 2008, abs brakes air conditioning alloy wheels cd player electric windows immobiliser multiple airbags traction control remote central locking, over 5000 vehicles in group s, 27951 miles, £2000, Canterbury, 0844 856 4494 (TRADE)

159, JTDM, 2008, abs brakes alloy wheels cruise control drivers airbag electric windows immobiliser power steering trip computer isofix child seat points remote audio controls, black, 32782 miles, £13000, Canterbury, 0844 856 4494 (TRADE)

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A3, 2.0 TDI 170 QUATTRO, 2007, abs brakes alloy wheels cd player remote central locking, meteor grey, 23009 miles, £15000, Ramsgate, 0844 856 4496 (TRADE)

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BERLINGO, Multispace Forte 16v, 7849079, power steering, abs, remote central locking, remote alarm, rear wash/wipe, cloth upholstery, adjustable steering column, twin air bags, radio cassette, black, 11800 miles, £6495, Plumstead, 020 8855 4000 (TRADE)

BERLINGO, Multispace Forte 16v, 7901079, power steering, abs, electric front windows, remote central locking, remote alarm, rear wash/wipe, cloth upholstery, twin air bags, blue, 25900 miles, £5995, Plumstead, 020 8855 4000 (TRADE)

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BERLINGO, HDI VTR, 2009, abs brakes air conditioning alarm fitted alloy wheels cd player cruise control diesel electric windows front fog lights immobiliser metallic paint multiple airbags power steering trip computer remote central locking hand wash facilities, white, 0 miles, £10495, Sevenoaks, 01474 856 4496 (TRADE)

BERLINGO, 1.6 MULTISPACE DESIRE, 2007, abs brakes cd player electric windows full service history immobiliser metallic paint power steering remote central locking isofix child seat points remote audio controls, blue, 14986 miles, £7000, Ramsgate, 0844 856 4496 (TRADE)

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FIESTA, 5, gf05ybx, insurance group 3 abs air conditioning alloy wheels body coloured bumpers drivers airbag electric/door mirrors folding rear seats front electric windows heated door mirrors height adjustable drivers seat immobiliser passenger airbag power steering radio/cd remote central locking steering wheel rake adjustment trip computer 1 owner, moondust, 36000 miles, £5000, Crayford, 01322 281525 (TRADE)

FIESTA, 3, yb08zyd, insurance group 5 abs air conditioning alloy wheels audio remote control body coloured bumpers drivers airbag electric/door mirrors folding rear seats front, 11000 miles, £6483, Crayford, 01322 281525 (TRADE)

FIESTA, 5, ea02vxs, insurance group 7 abs air conditioning alarm alloy wheels audio remote control body coloured bumpers drivers airbag electric/door mirrors folding rear seats front electric windows front fog lights heated door mirrors height adjustable drivers seat immobiliser passenger airbag power steering radio/cd remote central locking steering wheel rake adjustment 2 owners service history, neptune green, 52000 miles, £3683, Crayford, 01322 281525 (TRADE)

FIESTA, 5, ce05vh, insurance group 4 abs air conditioning body coloured bumpers drivers airbag electric/door mirrors folding rear seats front electric windows heated door mirrors height adjustable drivers seat immobiliser passenger airbag power steering radio/cd remote central locking steering wheel rake adjustment 1 owner service history, tango red, 15000 miles, £5483, Crayford, 01322 281525 (TRADE)

FOCUS, 1.8 Zetec S TDCi, 2009, abs brakes air conditioning alarm fitted alloy wheels bluetooth car kit cd player diesel drivers airbag electric windows front fog lights full service history immobiliser metallic paint multiple airbags power steering reverse parking aid tinted glass trip computer curtain airbags remote central locking multi functional tneupoint (ipod and mp3 connection) quickclear windscreen remote audio controls dab radio, avalor, 10143 miles, £14080, Canterbury, 0844 856 4494 (TRADE)

FOCUS, Ghia Estate, 2006, abs brakes air conditioning alloy wheels cd player electric windows front fog lights full service history immobiliser metallic paint multiple airbags power steering split folding rear seats tinted glass trip computer curtain airbags remote central locking quickclear windscreens remote audio controls, green, 50000 miles, £6080, Canterbury, 0844 856 4494 (TRADE)

FOCUS, Ghia (115), 2008, non standard colour, 48200 miles, £6850, Ashford, 0844 826 5918 (TRADE)

FOCUS, 1.8 Zetec TDCi, 2008, abs brakes air conditioning alarm fitted alloy wheels cd player diesel drivers airbag electric windows front fog lights kelp green, 20901 miles, £10500, Ashford, 0844 826 5918 (TRADE)

FOCUS, 1.6 Zetec, 2009, abs brakes air conditioning alarm fitted alloy wheels automatic transmission cd player drivers airbag electric windows front fog lights full service history moondust silver, 13269 miles, £10000, Ashford, 0844 826 5918 (TRADE)

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FOCUS, Zetec, 2009, abs brakes air conditioning alloy wheels cd player diesel electric windows front fog lights full service history metallic paint multiple airbags power steering split folding rear seats tinted glass trip computer curtain airbags remote central locking multi functional tneupoint (ipod and mp3 connection) quickclear windscreen remote audio controls, sea grey, 10677 miles, £14000, Ashford, 0844 826 5918 (TRADE)

FOCUS, 2.0 Zetec S, 2009, abs brakes air conditioning alarm fitted alloy wheels cd player drivers airbag electric windows front fog lights full service history immobiliser metallic paint multiple airbags power steering sports seats tinted glass trip computer remote central locking quickclear windscreen remote audio controls, panther black, 7924 miles, £13000, Ashford, 0844 826 5918 (TRADE)

HONDA

V, VTEC 5dr, 7904079, air conditioning, power steering, electric windows, electric mirrors, remote central locking, remote alarm, rear wash/wipe, rear headrests, rear spoiler, cd player, radio, abs, adjustable steering column, powered folding mirrors, cloth upholstery, alloy wheels, 4x4, blue, 21000 miles, £6495, Plumstead, 020 8855 4000 (TRADE)

JAZZ, Dsi SE 5dr, 129314, abs, air bag, immobiliser, central locking, air conditioning, electric front windows, electric windows, cd player, colour coded body, alloy wheels, integrated audio unit, rds cd/tuner, pollen filter, passenger seat back pocket, rear speakers, front speakers, tilt/adjustable steering wheel, boot lamp, body colour bumpers, side impact blue, 11000 miles, £8995, Welling, 0208 303 4030 (TRADE)

JAZZ, EX, 2008, abs brakes alloy wheels central locking climate control cruise control electric windows front fog lights metallic paintings cd player remote central locking electric windows full service history metallic paint, silver, 26500 miles, £5800, Maidstone, 08448 759297 (TRADE)

JAZZ, 1.4EX I SE, 2009, abs brakes air conditioning alarm fitted alloy wheels automatic transmission cd player electric windows full service history immobiliser metallic paint fold mirrors, 12123 miles, £6495, Tunbridge Wells, 08448 759297 (TRADE)

JAZZ, 1.4SE AUTO, 2007, abs brakes air conditioning alloy wheels cd player central locking electric windows full service history immobiliser metallic paint fold mirrors, 11100 miles, £7495, Maidstone, 08448 759297 (TRADE)

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JAZZ, S, 2006, abs brakes cd player central locking electric windows full service history immobiliser metallic paint multiple airbags power steering trip computer twin airbags isofix child seat points, black, 14600 miles, £6495, Tunbridge Wells, 08448 759297 (TRADE)

JAZZ, 1.4EX Auto, 2007, abs brakes air conditioning alarm fitted alloy wheels automatic transmission cd player central locking electric windows full service history immobiliser metallic paint fold mirrors, 14300 miles, £4000, Maidstone, 08448 759296 (TRADE)

JAZZ, 1.4SE, 2008, abs brakes air conditioning alloy wheels cd player central locking electric windows full service history immobiliser metallic paint fold mirrors, 14300 miles, £4000, Maidstone, 08448 759296 (TRADE)

JAZZ, SE, 2005, abs brakes air conditioning alloy wheels cd player central locking electric windows full service history immobiliser metallic paint, silver, 11100 miles, £7495, Tunbridge Wells, 08448 759297 (TRADE)

JAZZ, SE, 2007, abs brakes air conditioning alloy wheels cd player single cd player split folding rear seats tonneau cover trip computer remote central locking isofix child seat points remote audio controls, grey, 21000 miles, £8000, Tunbridge Wells, 08448 759297 (TRADE)

JAZZ, Sport, 2006, abs brakes alloy wheels automatic transmission central locking control electric windows multiple airbags power steering single cd player remote central locking remote audio controls, black, 19746 miles, £8500, Tunbridge Wells, 08448 759297 (TRADE)

JAZZ, 1.4SE, 2008, abs brakes air conditioning alloy wheels cd player central locking electric windows full service history immobiliser metallic paint fold mirrors, cool rose met, 22996 miles, £9000, Maidstone, 08448 759296 (TRADE)

JAZZ, 1.4S, 2002, abs brakes air conditioning alloy wheels cd player central locking full service history immobiliser blue, 43000 miles, £4000, Maidstone, 08448 759296 (TRADE)

JAZZ, SE DSi, 2004, abs brakes air conditioning alloy wheels cd player central locking sun roof remote central locking remote audio controls, green, 49000 miles, £5000, Tunbridge Wells, 08448 759297 (TRADE)

JAZZ, SE, 2007, abs brakes air conditioning alloy wheels cd player central locking electric windows full service history immobiliser metallic paint, silver, 25100 miles, £7495, Tunbridge Wells, 08448 759297 (TRADE)

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PROPERTY NEWS

First-time buyers key to getting market moving

HOUSE prices fell last month, with Halifax's house price index showing a 0.6 per cent drop and the LSL/Acadametrics index showing prices decreasing by 0.5 per cent.

But LSL/Acadametrics reports a 7.7 per cent year-on-year rise in prices, with Halifax showing a 6.3 per cent rise.

Analysts say the average property price in England and Wales is £218,119.

Martin Ellis, housing economist at Halifax, said: "The June price fall continued the trend of a slowdown seen since the beginning of this year, following a moderate recovery in 2009. This pattern is in line with our view that prices will remain pretty much unchanged this year."

LSL/Acadametrics also reveals a 20 per cent jump in the number of properties sold to 63,500 in June – up from 52,975 in May.

David Brown, commercial director at LSL Property Services, says the key to a market recovery lies with first-time buyers. But he adds: "We can't discount further price falls in the next few months as the market continues to stabilise."

And Peter Williams, chairman of Acadametrics, says traditionally the number of houses sold in June is higher than in May.

He said: "This year sales in May were abnormally low, possibly owing to uncertainty as a consequence of the election."

Study shows seven-year low for mortgage rates

MORTGAGE rates are at their lowest for seven years, according to new research.

The study by Moneyfacts.co.uk found the average interest-rate on a two-year fixed rate mortgage is 4.52 per cent the lowest since September 2003.

Interest rates on fixed rate mortgages have been dropping since September last year, as lenders attempt to entice borrowers away from low standard variable rates (SVRs).

"Many borrowers are opting to remain on record low SVRs and overpaying their mortgage rather than secure a new deal at a higher rate," said Michelle Slade, Moneyfacts.co.uk spokesperson.

"Lenders are trying to persuade borrowers onto new fixed rate deals by making significant cuts to rates."

"Previously, only deals for borrowers with large deposits were seeing cuts, but as the market improves borrowers with smaller deposits are being offered more competitive deals too."



Landlords facing mortgage woes if interest rate rises

■ BY NICK AMES

FOUR out of ten landlords reckon they would not be able to cover the mortgage payments on their properties if interest rates increase by two per cent.

A fortnight ago the Bank of England held the base rate at 0.5 per cent for the 16th consecutive month, which is just as well as according to a poll by flat share website Spareroom.co.uk, who discovered four out of ten UK landlords are receiving rents barely covering the monthly mortgage repayments on their properties.

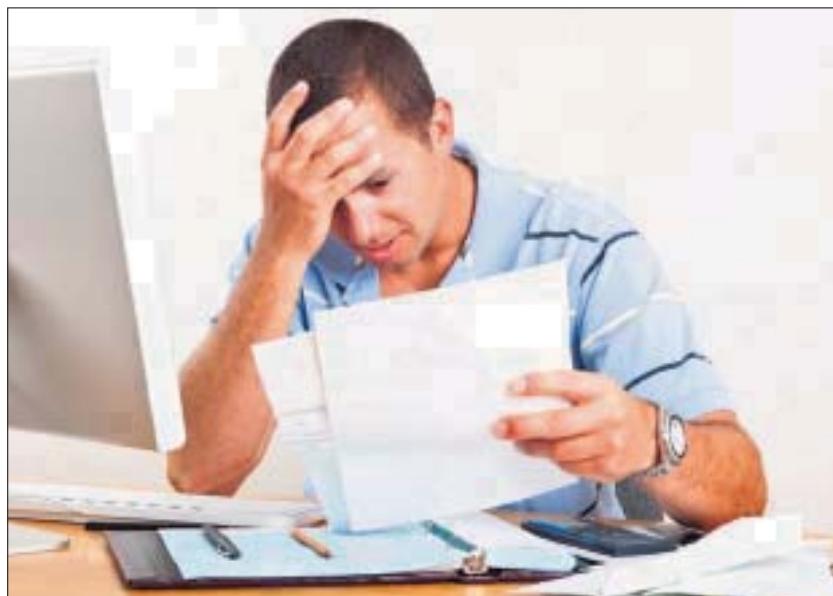
For 22 per cent of respondents, a rate rise of just one per cent would mean the sums don't add up, and for ten per cent of landlords questioned the situation is far worse, with a rate rise of just 0.5 per cent resulting in a rent-mortgage shortfall.

The research also revealed that six out of ten landlords have been forced to hike monthly rents since the start of the year, with one in five planning to increase rents by five per cent this year, and 18 per cent factoring in an increase of between three and five per cent.

However, more than half of these landlords said they are worried that they could lose loyal and valuable tenants as a result.

Spareroom.co.uk director Matt Hutchinson describes Britain's landlords in a catch-22 situation.

He said: "On the one hand the rise in Capital Gains Tax for higher rate taxpayers means that many landlords either won't be able to sell their buy-to-let properties full-stop or will sell at a far greater loss. "At the same time, holding onto their properties means they are



BALANCING ACT: Many UK landlords would face a rent-mortgage shortfall if the interest rate rose by two per cent at the mercy of the Bank of England and facing higher mortgage payments."

aims to help landlords weigh up the different factors involved in the decision-making process.

A number of areas, from the length of the tenancy period to the occupants themselves and the difference between wear and tear and damage, are explored.

The guide also highlights the importance of communication between landlord and tenant, particularly at the outset of the tenancy, when the landlord can set expectations of the tenants and the final condition of the property.

Energy-efficient homes to miss stamp penalty



HOMEOWNERS are being advised to make their homes more energy efficient before putting them on the market if proposed stamp duty penalties come into force.

Ministers are examining introducing an increase in stamp duty for homes which fall into the lowest efficiency bands.

According to one home energy expert, buyers could be put off purchasing homes with poor energy efficiency to avoid paying an extra 0.5 per cent on top of their stamp duty bill.

Marc Blomfield, managing director of The National EPC Company, a leading provider of Energy

Performance Certificates (EPCs) said: "Millions of homes with poor insulation, draughty windows and inefficient boilers could be subject to the stamp duty penalty, potentially putting off buyers."

Despite scrapping home information packs, the Government has signalled its intention to increase household energy efficiency by retaining the EPC as a required marketing tool.

"The stamp duty penalty would be a further incentive for homeowners to make energy saving improvements to their homes and would be a part of the proposed Green Deal initiative, which includes measures to help

homeowners pay for efficiency improvements."

The stamp duty penalty suggestion was included in a report commissioned by former Chancellor Alastair Darling and could be tied in with a package of energy saving incentives.

Marc Blomfield added: "The Government is committed to reducing carbon dioxide emissions and sees households as the major target. More than 40 per cent of the UK's CO₂ emissions result from choices people make as individuals, with the majority coming from the home."

For more information on EPCs go to www.nepco.co.uk.

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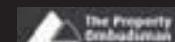
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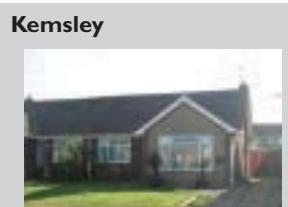
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Salary: £24,096 - £28,963 per annum (dependent on qualifications and experience) Medway

We are looking for an excellent individual to participate in the delivery of Public Services programmes throughout the College. The successful candidate will teach on a range of BTEC programmes of level one to three and have a background in Public Services. This post will also involve working with students in a variety of offsite activities related to the uniformed public services.

Lecturer in Child Care and Health Care

Salary: £24,096 - £28,963 per annum (dependent on qualifications and experience) Medway

We are looking for a knowledgeable and experienced candidate to deliver CACHE Child Care and Health and Social Care programmes at various levels. The successful candidate will have the ability to motivate students and be flexible and adaptable in their teaching methods. The applicants must have a relevant vocational/academic qualification and have, or be willing to work towards, a teaching qualification. Recent industry experience would be advantageous.

CLOSING DATE: Friday 30 July 2010

MidKent College is working in partnership with RBLI Employment Solutions to support individuals who have a disability or health condition in the application, interview and employment with the college. If you would like any further information regarding RBLI, or require assistance with your application process then please contact RBLI on 0800 783 1144 or visit their website www.rbli.co.uk for information, advice and guidance.

The College is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Any offer of employment is subject to a Criminal Records Bureau check in accordance with the College procedure.

Application forms and further details are available from www.midkent.ac.uk. Alternatively, please e-mail job.applications@midkent.ac.uk. For individuals without access to e-mail or the internet please call the HR department on 01634 383102 (24 hour answer machine). In all communication with the College please quote the appropriate job title and reference number.

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You must be able to work either early mornings or evenings and some weekends.

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Kent Enterprise House,
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Kent CT8 7NG
Reg. Co. No. 6159530





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You will provide an excellent administrative and secretarial service to the PTP team, so you will need proficiency in copy typing, minute-taking and data inputting, as well as experience of working independently. A sound understanding and experience of using a range of computer applications, including Microsoft Access and Excel, are required. An understanding of statistics and basic data analysis is desirable, although a willingness to learn would be acceptable.

You will need to be able to respond to people in a professional manner and have good communication skills.

Should you wish to discuss this role informally, please contact Smita Derodra or Karl Grice on 01795 590212.

Application forms and job descriptions can be downloaded from www.kca.org.uk or call 01795 590795 and select option three. Please quote reference number 688.

Closing date: Friday 6 August 2010.

Interview date: Thursday 19 August 2010.

KCA (UK) is committed to the principles of equality of opportunity for all. Charity No: 292824

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Career opportunities at MidKent College

MidKent College based in the Medway Towns and Maidstone is seeking to appoint an outstanding individual in the following area:

Lecturer in Travel and Tourism

Ref: P0154

Salary: £24,096 - £27,881 per annum/pro rata (dependent on qualifications and experience)
Full time, part time and hourly paid positions available, Medway

We have exciting opportunities available for outstanding candidates to deliver and participate in the development of the Travel and Tourism programmes. Responsibilities will include establishing and developing travel and tourism industry contacts to enhance the students learning experience. A recognised Travel and Tourism qualification is essential. The successful candidates will hold or be willing to work towards a recognised teaching qualification.

CLOSING DATE: Wednesday 4 August 2010

MidKent College is working in partnership with RBLI Employment Solutions to support individuals who have a disability or health condition in the application, interview and employment with the college. If you would like any further information regarding RBLI, or require assistance with your application process then please contact RBLI on 0800 783 1144 or visit their website www.rbli.co.uk for information, advice and guidance.

The College is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Any offer of employment is subject to a Criminal Records Bureau check in accordance with the College procedure.

Application forms and further details are available from www.midkent.ac.uk. Alternatively, please e-mail job.applications@midkent.ac.uk. For individuals without access to e-mail or the internet please call the HR department on 01634 383102 (24 hour answer machine). In all communication with the College please quote the appropriate job title and reference number.

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Required

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For more information contact Sally Brooks
Tel: 01795 886220 or email: ellencourt@btconnect.com

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Providing Care, Developing Independence

The Westlands School



Following the success of the initiative to reduce the number of hours that a teacher has to spend covering for absent colleagues we require as soon as possible another
LESSON SUPERVISOR

This post is designed to provide supervision of classes in the absence of the subject teacher or form tutor. The job is not a teaching role but will require good classroom management skills as well as a confident personality, a good presence and excellent communication skills.

Applicants should be well educated, preferably to further education level, and have experience of giving support in the classroom, preferably as a Teaching Assistant, although other qualifications and personal/work experiences will be taken into account.

Employment will start after a one-week paid in-service training course. There will be a six-month probationary period.

8.25am - 3.20pm with 1 hr unpaid breaks, term time only plus 1 staff training day and 25 days paid holiday a year, or as relevant to years of service in a similar post.

Salary starting at £16,793 rising to £18,471 (pro-rata)
(equal to £12,516 - £13,766 depending on experience)

Recruitment packs are available from the school or online. Please note, we cannot accept CVs without an application form. Closing date, Friday 27 August 2010

The Westlands School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

This post is subject to an enhanced CRB check.

Tel: 01795 477475 Fax: 01795 479461
Email: office@westlands.kent.sch.uk
Headteacher: J Whitcombe MA

THE FIFTH TRUST Support Worker

The Fifth Trust are looking for an experienced Individual to work within our Day Services for Adults with Learning Difficulties. This is in a support/care role which will involve Personal Care.

You must have a proven experience of working within the care setting and be able to Drive our Minibus, if not be prepared to take the necessary test.

Car driver essential and a flexible approach as you will be required to work over 2 sites.

THE FIFTH TRUST Catering assistant

We are looking for an individual who has a proven catering experience to work in our Teashop situated in the Elham Valley. We are looking for an enthusiastic individual to work at the weekends, Saturday & Sunday to organise and supervise functions/lunches over the weekend period & to provide guidance and support to the Teashop assistants.

For both jobs please send your CV and a covering letter to: The Fifth Trust
C/O Mrs Nikki Marley
Elham Valley Vineyard, Elham Valley Road
Barham, Canterbury, Kent. CT4 6LN

PART-TIME KITCHEN ASSISTANT

Required from late September 2010. Duties will include distribution of food for the evening meals to residential staff, washing up returned dishes and general kitchen cleaning. The hours are 3.30pm to 7.00pm every Monday to Thursday and 3.30pm to 7.00pm on alternate Fridays. This is an average of 15.75 hours per week and is term time only.

The salary is at Kent Scheme Band 2 points 4 to 7 which is £4529 to £4949 per year (£6.69 to £7.31 per hour).

Stone Bay School is committed to the safeguarding and promotion of the welfare of children and employees are required to have an enhanced CRB disclosure.

If you are interested in applying for this post please phone (01843 863421), e-mail (finance@stone-bay.kent.sch.uk) or write to Mrs Ann Hickmott, Stone Bay School, 70 Stone Road, Broadstairs, Kent, CT10 1EB for an application form. The closing date for applications is Wednesday 1st September 2010, and interviews will be held the following week.

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For further details please contact Mrs Debbie Myers, Personnel Officer, on 01795 472449 or email debbie.myers@sittingbourne.kent.sch.uk

To apply, please send your letter of application and CV to Alan Barham, Headteacher, or email alan.barham@sittingbourne.kent.sch.uk

CLOSING DATE: 6-8-10

The Sittingbourne Community College
Swantree Avenue, Sittingbourne, Kent ME10 4NL
Tel: 01795 472449 Fax: 01795 470332
Email: office@sittingbourne.kent.sch.uk
Web: www.sittingbourne.kent.sch.uk

The Westlands School



Teaching Assistant

Required for September 2010

To work at The Westlands Primary School, Homewood Avenue

Applicants should have the necessary skills to support pupils who have various learning difficulties in mainstream classes, in small groups or on an individual basis.

27 hours a week, term time only.

Kent Pay Band 2/3 £12,903 - £15,984 (pro rata)
(equal to £7,765 - £9619 depending on experience)

You are welcome to contact the school for a preliminary discussion if desired. Recruitment packs are available from the school or online.

Closing date, Friday 20 August 2010

The Westlands School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. This post is subject to an enhanced CRB check.

Westlands Avenue, Sittingbourne, Kent ME10 1PF
www.westlands.kent.sch.uk

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Email: office@westlands.kent.sch.uk
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■ Head of Division for Life and Work

Salary scale: £41,974 - £48,128 for 37 hours per week all year

■ Head of Division for Student Support

Salary scale: £41,974 - £48,128 for 37 hours per week all year

■ Programme Area Manager - Foundation Vocational (Entry)

Salary scale: £33,917 - £38,358 for 37 hours per week all year

■ Programme Area Manager - Construction

Salary scale: £33,917 - £38,358 for 37 hours per week all year

■ Cross Curriculum Manager - 14 to 19

Salary scale: £33,917 - £38,358 for 37 hours per week all year

■ Cross Curriculum Manager - Employability & Community

Salary scale: £33,917 - £38,358 for 37 hours per week all year

■ Cross Curriculum Manager - Higher Education

Salary scale: £33,917 - £38,358 for 37 hours per week all year

■ Cross Curriculum Manager - Additional Learning Support

Salary scale: £33,917 - £38,358 for 37 hours per week all year

For further details and to apply online please visit our website www.thanet.ac.uk and click on 'Vacancies'. Alternatively contact the HR office, Thanet College, Ramsgate Road, Broadstairs, Kent, CT10 1PN or telephone our application line for an application pack on (01843) 605052

Closing date: Friday 6 August 2010

Interview Dates: Thursday 12 August/Friday 13 August 2010

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CRICKET

■ BY GLENN PEARSON

Kent League Premier Division

Bickley Park 1st XI v Gore Court 1st XI

GORE Court skipper Karl Pearson put in a fine all-round display for his side, but was still unable to earn them a first win of the season.

Pearson hit 51 in Court's 206 for 8, then starred with the ball, claiming figures of 4 for 23, but his efforts proved futile as Bickley Park edged over the line to win by two wickets and with three overs to spare.

It was hard on the visitors and their skipper, who wouldn't have been happy with his side's average-looking innings which saw several batsmen make sufficient starts before getting themselves out when well set.

Pearson top-scored with his half-century, while Christian Marsh (26), Phil Edwards (29) and Steve Salisbury (21) picked up the mantle, but duly dropped it as the visitors looked on course to post a score in excess of 250.

In the end they managed to edge past 200 thanks to a late partnership between Charles MacLeod (22 not out) and Alex Edwards (14 not out).

When it was their turn to bat the home side also found the going tough, losing wickets at regular intervals, including danger man James Lincoln for just two.

Pearson then struck to get rid of the middle order, but skipper Chris Coulson (50) and Warren Lee (43) dug in to help steer Bickley Park home.

Captain's innings can't stop the rot for Court



TARGET MEN: Karl Pearson (left) and Phil Edwards shared six wickets between them but it was still not enough to help Court record a win

PHOTO: GUY GOODWIN

LOCAL CRICKET ROUND-UP

KENT LEAGUE DIVISION TWO

Dartford 1st XI v Minster 1st XI

MINSTER'S revival continues after a relatively comfortable six-wicket win at Dartford on Saturday.

The home side struggled to contain the Minster attack after being put into bat at Hesketh Park, with stand-in skipper Nathan Nichol the chief tormentor with figures of 3 for 49 from 15 overs, as Dartford scored 181 for 7.

Aussie Gareth Whetnall then smashed 51 to set Minster on their way, while solid knocks from all the visitors' batsmen contributed to the win, achieved with four overs to spare.

Dartford 1st XI

	Runs
Jay Dass Rath	15
Ron Turner	5
Garry Cook	25
Mark Lewis-Rawell	36
Adam Clarke	59
Adam Ferris	0
Ross Allen	9
Joe Murphy	12
Sam Jewiss	1
Mark Collier	6
Brinn Osland	did not bat
Extras	(3lb 6w 4nb)
Total	131
Bowlers	
Nathan Nichol	0
Martin Hammond	15
Adil Mohmand	6
Mark Tucker	14

	Runs
Gareth Whetnall	51
Neil Hosken	21
Jordan Weller	20
Andy Hosken	29
Mark Tucker	37
Nick Walshaw	11
Paul Woodford	did not bat
Nathan Nichol	did not bat
Tariq Khan	did not bat
Adil Mohmand	did not bat
Martin Hammond	did not bat
Extras	(1lb 5w 8nb)
Total	185
Bowlers	
Brinn Osland	8
Sam Jewiss	6
Ross Allen	15
Mark Collier	12
Adam Clarke	5

Minster 1st XI

	Runs
Gareth Whetnall	51
Neil Hosken	21
Jordan Weller	20
Andy Hosken	29
Mark Tucker	37
Nick Walshaw	11
Paul Woodford	did not bat
Nathan Nichol	did not bat
Tariq Khan	did not bat
Adil Mohmand	did not bat
Martin Hammond	did not bat
Extras	(1lb 5w 8nb)
Total	185
Bowlers	
Brinn Osland	8
Sam Jewiss	6
Ross Allen	15
Mark Collier	12
Adam Clarke	5

KENT LEAGUE DIVISION THREE

Linden Park 1st XI v Upchurch 1st XI

A SOLID batting display paved the way to a six-wicket victory for Upchurch at the weekend.

The home side hit 225 for 9 from their 50 overs with Daniel Parker (3 for 48) and Michael Hales junior (2 for 20) the most successful of the Upchurch attack.

With a competitive score to chase down, Adam Hodder (58 not out) and Hales junior (52) led from the front, setting up Marc Bond (24 not out) to help them over the line with four overs to spare.

Linden Park 1st XI

	Runs
David Thomas	0
John Harvey	19
Alexander McDonald	10
Dominic Lanaway	49
Abhijit Kale	69
Stuart Clarke	8
Matthew Withers	4
Ross Allen	44
Joe Murphy	0
Sam Jewiss	4
Mark Collier	3
Brinn Osland	3
Extras	(1lb 3lb 11w)
Total	15
Bowlers	
Daniel Parker	11
Theo Barnett	8
Marc Bond	6
Kevin Cunningham Jr	6
Michael Hales Jnr	11
Craig Bewick	2
Adam Hodder	6

Upchurch 1st XI

	Runs
Michael Hales	43
Andrew Shirley	28
Adam Hodder	58
Theo Barnett	13
Michael Hales Jnr	52
Marc Bond	24
Lee Steepney	did not bat
Daniel Parker	did not bat
Alan Collis	did not bat
Kevin Cunningham Jnr	did not bat
Craig Bewick	did not bat
Extras	(4lb 2w 2nb)
Total	8
Bowlers	
Brinn Osland	8
Sam Jewiss	6
Ross Allen	15
Mark Collier	12
Adam Clarke	5

KENT LEAGUE DIVISION FOUR

Walmer 1st XI v Rodmersham 1st XI

SYLVIA Emmett starred with both bat and ball as Rodmersham thrashed Walmer by eight wickets in a one-sided affair at Hull Park Sholden.

The all-rounder claimed miserly figures of 3 for 15 from his 15 overs, which included a staggering nine maidens, as Walmer were bowled out for a paltry 111 from 47 overs.

Emmett then took his turn with the bat when Dave Cogger and Kevin Jones were ousted early, hitting an unbeaten 49 to see Rodmersham home inside 19 overs

Walmer 1st XI

	Runs
Laurence Marsh	17
Graeme North	6
Jared Bond	7
Daniel Giles	19
Andy Cotton	0
Neill Adams	1
Neil Wheeler	0
Tom Burnap	3
Connor McMillan	16
Tom Mitchell	5
Martin Burton	0
Extras	(8lb 8lb 19w 2nb)
Total	37
Bowlers	
Darren Nokes	12
Chris Ansley	7
Michael Jones	5
Dylan Emmett	15
Kevin Jones	3
Jack Bayford	5.2

Rodmersham 1st XI

	Runs
Kevin Jones	12
Dave Cogger	3
Dylan Emmett	49
Michael Jones	46
Matthew Baker	did not bat
Chris Ansley	did not bat
Robert Horne	did not bat
Jack Bayford	did not bat
Kevin Beacon	did not bat
Darren Nokes	did not bat
Nick Denly	did not bat
Extras	(1lb 1lb 1w)
Total	3
Bowlers	
Connor McMillan	4
Andy Cotton	6
Daniel Giles	3
Tom Mitchell	3
Tom Burnap	2.3

KENT LEAGUE DIVISION FIVE

Bapchild 1st XI v Macknade 1st XI

MACKNADE moved to the top of Division Five for the first time this season after winning the battle of Swale with rivals Bapchild.

Steve Taylor led the way with the bat, smashing a sublime unbeaten 125 as Macknade posted 222 for 9, but only Phil Rowcroft (37) and Andrew Machin (19) were the other batsmen to register double figures.

Rowcroft and James Jarrett then shared six wickets between them as only Lee Cogger with 66 had any answer as Macknade won by 65 runs.

Macknade 1st XI

	Runs
Phil Rowcroft	37
Kaylem Short	9
Steve Taylor	125
Chris Smith	9
Andrew Machin	19
Lee Riddup	3
Scott Davenport	6
Terry McDowell	1
Jamie Ridgen	1
Andy Corcoran	1
James Jarrett	0
Extras	(7lb 4w)
Total	222
Bowlers	
Steve Roberts	6
Adam Larking	13
Matthew Roche	15
Alex Ward	6
Lincoln Bryden	4
Ricky Dale	6

Bapchild 1st XI

	Runs
Lee Cogger	66
Lincoln Bryden	6
Luke Mackay	30
Adam Larking	1
John Heately	0
Ricky Dale	10
Alex Ward	17
Dylan Lee	4
Nicholas Page	0
Steve Roberts	15
Matthew Roche	2
Extras	(1lb 2lb 3w)
Total	157
Bowlers	
Kaylem Short	10
Andy Corcoran	8
James Jarrett	15
Jamie Ridgen	11
Phil Rowcroft	5.2

	Runs
Kaylem Short	31
Andy Corcoran	30
James Jarrett	41
Jamie Ridgen	27
Phil Rowcroft	3

Luchford putting finishing touches to new-look Town

FOOTBALL

BY GLENN PEARSON

FAVERSHAM Town manager Justin Luchford hopes to complete the signing of striker Ian Pulman before the start of the new Ryman League season, as the Lilywhites squad finally begins to take shape.

The Town boss signed defender Richard Avery from Chatham last Friday, in time to play in the 2-0 defeat to Ryman Premier side Margate on Saturday, while Ebbsfleet striker Sam Callender and Pulman were both given 45 minutes at the weekend to impress.

Pulman, who left Faversham for Whitstable just as Luchford took over in 2008, had been training with Margate all last week before Luchford offered him the chance of joining up with Town at the weekend.

Luchford will give him and Callender a chance in pre-season and said both would bring quality to the Faversham squad for their first season in the Ryman League.

He said: "Pulman is going to train with us this week and will probably play against either Herne Bay or Gillingham and we'll go from there. He is a good player that scores goals."

"Sam Callender has come down and we need to work on him a little bit, but if Pulman turns out to be the one then maybe that's the answer."



NEW RECRUITS: Ebbsfleet striker Sam Callender will trial for the Lilywhites while Richard Avery (right) has signed

Avery, a candidate to skipper the Lilywhites next season, joins Matt Bourne in the centre of the Faversham defence and Luchford feels the signing of the former Chatham centre-half completes an experienced back four.

"I signed Avery and that was a big bonus for us because I think now I've got a Ryman back four which is really pleasing," he said.

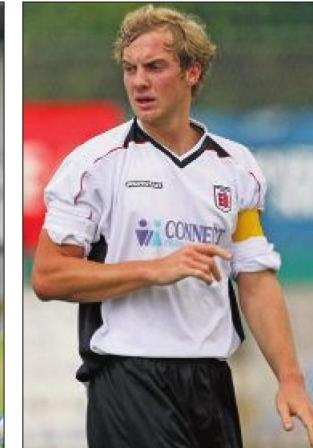
"We lost Lee Shearer, but have brought in Avery and Matt Bourne to go with Dan Larkin and Ashley Brown, so that's good."

"There is one or two to tinker with and a couple

of attitudes need to change, but they know who they are. Once that's sorted we'll be ready."

The squad will be back to full strength this week with Tom Hickman, Larkin and Dave Botterill all returning from holiday, although new striker Dan Hunt is out at the moment with an injury.

A much-changed side is likely to feature in Saturday's friendly with Herne Bay at Salters Lane, with the majority of the first-team expected to be held back for the visit of Gillingham on Tuesday night.



Pictures: GOR KUPOO

FOOTBALL



NO PROBLEM: Sittingbourne chairman Andy Spice

Brickies happy to welcome Maidstone back to Bourne Park

SITTINGBOURNE chairman Andy Spice has paved the way for a Maidstone return to Bourne Park next season.

Maidstone have just two weeks to make clear where they will be playing their Ryman Premier League games next season, as their groundshare agreement with Ashford looks to have come to an end.

Before moving to Ashford's Homelands ground last season, Maidstone completed a seven-year groundshare with Sittingbourne at Bourne Park.

With just four weeks before the new season kicks off, Brickies chairman Spice said he would welcome Maidstone back to Bourne Park, but dropped short of revealing if the two clubs had been in contact about sharing again.

Pleased

He said: "They could share with us. We didn't fall out and I wouldn't have a problem if they wanted to come back to us."

"Financially, it all helps, it's all money in the coffers. The Maidstone supporters are a brilliant bunch, we enjoyed their company and I would be pleased to see them back."

"I speak to chairman Paul Bowden-Brown a lot, but there have been no definite liaisons about a groundshare."

Bowden-Brown says he is actively working with the Ryman League to ensure the club will be able to begin the season with their home game against Hastings United on August 21.

Elsewhere at the club, Gary Abbott's side drew their first pre-season game on Saturday. Tom Bradbrook scored in a 1-1 draw with Kent League side Erith & Belvedere. The Brickies were in action last night against Margate at Hartsdown Park, before playing their third game ahead of the new season on Thursday, when Kent League side Lordswood make the trip to Bourne Park. Kick-off is at 7.45pm.

Sheppey's young guns show encouraging signs



NEW START: Co-Steel Ground in Halfway, where Sheppey United will play next season

FOOTBALL

SHEPPEY United manager Stuart Davidson has his sights set on consecutive promotions as he aims to guide the Islanders out of the Kent County League.

Davidson has retained a handful of last season's AFC Shepphy squad, but the majority of his players are new faces and the former Sittingbourne under-18 boss admits he faces a big challenge.

However, the early signs have been encouraging, with United – who will play in Division One East next season – beating Premier Division side Canterbury City 2-0 on Thursday night.

Davidson said: "Canterbury are a league above us, they finished fifth last season and they had vir-

tually two teams for the game, whereas we had 12 players."

"One of those had an injury, so the 11 had to play the whole game. Canterbury changed eight players in the second-half, but they didn't threaten us and we played some fantastic football."

"It's a new squad this season, a brand new team. We're building from scratch and it's going to take a bit of time to get a team together, but we're doing okay."

"Personally, I'd like to get out of the County League as quickly as possible and win it in two seasons, although that's quite a challenge."

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Boss Andy Hessenthaler reflects on Gills pre-season win at Ebbsfleet



LOOKING GOOD: Norton Sports player-manager Ben Taylor (right) was impressed by Nick Shaw (far left) during last week's friendly

Norton on to a Shaw thing as boss enjoys pre-season

A PROMISING start to pre-season has left Norton Sports player-manager Ben Taylor in buoyant mood ahead of their Kent League opener at Sevenoaks Town on August 7.

Taylor scored in Norton's first friendly game, a 3-1 win over Hollands & Blair at Woodstock and he hopes to have finalised his best XI in time for the visit of Rye United on Saturday.

Goalkeeper Nick Shaw, who deputised for Faversham's Rob French last season, has already impressed Taylor, while striker Andy Irvine has begun to reproduce the fine form he showed at the end of last season.

Taylor said: "Andy stood out like a sore thumb [against Hollands & Blair]. He looks better than last season, he's worked hard in the summer. He's never been trained properly before so we've taught him how to hold the ball up and they couldn't handle him."

FOOTBALL

"The players are looking pretty fit for this time of year, so I'm well happy. Jack Goodger, our captain, is back with us and he's looking good. We're playing good football because it's pre-season and the lads are relaxed, so I really hope we can take that into the season."

Meanwhile, Taylor has signed himself to losing Ryan Rook with the winger on trial at Ryman Premier side Tonbridge Angels, but insisted he wants the player to further his career and follow in the footsteps of his brother Carl, now at Dartford.

"Ryan's there on trial, but I'll still be in touch with him," said Taylor.

"I've wished him well and thanked him. If it doesn't work out for him there, we'd love to have him back, but I hope he'll stay and do well at Tonbridge."

NEW START: Co-Steel Ground in Halfway, where Sheppey United will play next season

FOOTBALL

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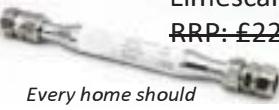
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